



Action In Maturity, Inc.

Serving Baltimore City Seniors since 1973

Action In Maturity
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AIM is a 501 c3
organization funded by
Title III of the Older
Americans Act through
Baltimore City Health
Dept., CARE Services,
MTA, member and
partner fees, and public
and private sources.

MAYOR BRANDON SCOTT



DIRECTOR'S LETTER

Dear Friends,

If you are a long-term AIM member — or even if you're new — you may have noticed that AIM programs are pretty popular. Tax and legal assistance slots fill almost as soon as they are announced. Trips fill almost as soon as newsletters are received. Response to the Farmers Market voucher program this year was about as enthusiastic as we had ever experienced. The Wednesday grocery shuttle buses fill up regularly, presenting a new challenge (note that we will add a third bus to Wednesdays starting in the fall... stay tuned for details). Individual rides to the doctor require making a reservation at least two weeks in advance.

It is gratifying to see that AIM is offering programs of interest and value — but please know it is as frustrating to us as it is to you that we cannot accommodate everyone who calls. Our program size and scope is limited even as our membership continues to grow, so we must do the best we can to keep the reservation processes as fair as we can. We acknowledge that it can be frustrating for you and we appreciate your understanding when it comes to AIM's constraints. Thank you.

Coming up is an event without any constraints... St Mary's Outreach Center is hosting an outdoor Community Health Fair on Tuesday, July 23 from 10am-2pm at 3939 Roland Avenue. There will be food, information, music, and fun. Please stop by!

Warmly,
Laura

P.S. AIM will be closed on Thursday, July 4, in observance of Independence Day.

TRANSPORTATION BY REQUEST: SCHEDULING YOUR RIDE

To get access to the TBR program, first you must be an AIM member.

- * **Reservation required. Please call AIM's office at 410-889-7915 at least ten (10) business days prior to your appointment.** We know that is challenging but this is the price we pay for being excellent, affordable, and in demand.
- * The driver will pick you up from home 30 minutes before your appointment time. When you are ready to be picked up, call AIM and we will send a driver back.
- * When you reserve your ride, the coordinator will tell you the fee, calculated at a per-mile radius rate (under two miles = \$5). Please pay the driver when you enter the car or call AIM to pay by phone (pay by phone only if ride is over \$15). We accept cash, check, Zelle, or money order. Fees are calculated as round trip only.
- * **Medical appointments are always given FIRST priority for rides. At times, AIM may contact you to reschedule your non medical ride.**
- * AIM only drives to non-work destinations.
- * The minimum appointment time is one hour. If your appointment ends before one hour, you may have to wait up to an hour for pick up.

\$3 WEDNESDAY GROCERY SHUTTLES

The shuttle stops at Walmart and other grocery stores and banks at the Nottingham location. Return trip is 12:30pm. Please limit purchases to two (2) bags, or what you can carry. **ALL wheelchair riders MUST call AIM at 410 889 7915 to reserve your seat at least 24 hours in advance.**

<u>LOCATION</u>	<u>PICK UP</u>
Stadium Place	10:00 AM
Woodbourne Woods	10:10 AM
Belvedere Green	10:10 AM
Kirkwood House	10:15 AM
Walker Co-op/Mews	10:15 AM



If you do not live in a residence listed above, you may still be eligible for pickup from your home. Please call AIM at 410 889 7915 on or before Tuesdays to see if you can be part of the route. Not all zip codes can be included.

Should I tip my driver? Tips are neither required nor requested. However, if you wish to acknowledge excellent service by your driver, you are more than welcome to offer a tip.

BUS TRIPS: HOW TO MAKE YOUR RESERVATION

- ◇ **NEW: To give everyone a chance to receive the newsletter, AIM will not take your trip reservations until MONDAY, JULY 1. *Thank you.***
- ◇ Call AIM at 410 889 7915 to make your reservation. Let us know if you are a wheelchair rider.
- ◇ Call in your reservation first to ensure a seat. You can send payment promptly after reservation is made, or pay driver on the day of your trip.

DATE	LOCATION/ AIM will call with pick up time	BUS FEE (meal on your own)
MONDAY, JULY 8	ApplebeesTowson Savers	\$10 Please call 7/1 to reserve
FRIDAY, JULY 12	Annapolis Mall	\$14 Please call 7/1 to reserve
MONDAY, JULY 15	First Watch/Dollar Tree	\$10 Please call 7/1 to reserve
FRIDAY, JULY 19	Dutch Market	\$10 Please call 7/1 to reserve
MONDAY, JULY 22	Bosco's	\$12 Please call 7/1 to reserve
FRIDAY, JULY 26	Rosario's Italian Kitchen/Walmart	\$12 Please call 7/1 to reserve

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FARMER'S MARKET CARDS

See You On July 9!

It's almost distribution time!
Please make note of the following:



All appointment slots are full for Farmer's Market Cards.



Please arrive any time during the half hour slot that you reserved. If you are picking up a card for a friend or loved one, please bring their ID as well.



The distribution site is Keswick's Wise and Well Center at 700 W. 40th Street (**not** the old Action in Maturity office location)

LET'S GET PHYSICAL ON TUESDAYS!

YOGA — 10AM

LINE-DANCE — 10AM

PICKLEBALL — 11:30AM

QUILTING (FIRST AND THIRD TUESDAYS ONLY) — 10AM

No need to sign up in advance.
If you have questions just call AIM at
410 889 7915.



Classes are held at
St. Thomas Aquinas Church at
37th and Roland Avenue — enter at Roland Ave
Fee: \$3 per session (Quilting sessions are free).

Please note, AIM does not provide transportation to these activities.

LEGAL SERVICES (AT KESWICK, 700 W 40TH ST.)

Free Estate Planning/Legal Counseling

JULY 1 and JULY 15
AUGUST 5 and AUGUST 19
IN-PERSON, BY APPOINTMENT ONLY

Call AIM office to schedule, 410-889-7915
You will meet the attorney at Keswick’s Wise & Well Building, 700 W. 40th St.

An attorney is available to prepare wills, advance medical directives, and power of attorney documents, all free of charge. To qualify, you must be a Baltimore City resident and at least 60 years old.

ST MARY’S OUTREACH CENTER: CALENDAR

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Please call St Mary’s Outreach Center for more info about these events: 410-366-3106
All events take place at 3939 Roland Avenue, Lower Level Social Room

MONDAY, JULY 8 — 11am-1pm

Lunch and Learn sponsored by Maryland State Solar Pilot Grant

Homeowners and renters who are BGE customers will learn about this discount program (without installing solar panels).

TUESDAY, JULY 9 — 11am-1pm

SEEDCO (SNAP program applications available)

TUESDAY, JULY 9 — 2pm-4pm

Medicare Advantage Program information session

Community Resource Days — 11am-4pm — July 16, July 18, July 30

Apply for: Energy Assistance, Water4All, Tax Credits, Mobility, Reduced Taxi Fare

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You can join AIM by phone, online, or we can mail
you an application.

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AIM DONORS — THANK YOU!

Chester McFarland
Linda Thompson

JOIN THE HOPKINS BRAIN AGING STUDY

If you are 55-70 years old, have no memory problems, and are willing to be part of a multi-year study, you may be eligible to participate in a Johns Hopkins research project to learn about brain changes as we age.

Participation includes:

- Coverage of travel expenses related to the study,
- Up to \$500 compensation for completing research procedures,
- Annual memory testing.

For more information, call 410-466-6161 or email mgrega@jhmi.edu