



# Action In Maturity, Inc.

**S e r v i n g   B a l t i m o r e   C i t y   S e n i o r s   s i n c e   1 9 7 3**

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MAYOR BRANDON SCOTT



## DIRECTOR'S LETTER

Dear Friends,

Happy Autumn to all. Welcome new AIM members!

This month we have several announcements and events for your consideration:

- Party: October 12 — AIM is hosting a “friendraiser” to celebrate over four decades of service to Baltimore City’s older adults. If you would like to join the party, please see page 4 for more details on time and location.
- Health Fair: October 13, 10:00am-2:00pm (rain date: October 18) — St Mary’s Outreach Center is holding an outdoor health fair in the rear parking lot of Roland View Towers, 3939 Roland Avenue. Health screenings, flu shots, dancing with the line dancers, and more. Come hang out with friends and neighbors.
- Pickleball, anyone? AIM has the equipment and the coach, all we need are the players to take up this mix of tennis and ping pong. If you are interested, please call Laura at 410 889 7915. If we get enough participants, we will offer the sport starting in November. Beginners are encouraged.

Finally, we mourn the passing of another AIM steward, Susie MacFarlane. Ms. MacFarlane oversaw AIM when it was in its infancy in the mid 1970’s. She is remembered by Board member Liz Briscoe as “a beautiful lady” whose family had been generous to Action in Maturity in the past.

Warmly,  
Laura

## TRANSPORTATION BY REQUEST: SCHEDULING YOUR RIDE

To get access to the TBR program, first you must be an AIM member.

The cost to join is \$15 per year. Enroll by phone or call for an application.

- \* **Reservation required. Please call AIM's office at 410-889-7915 at least ten (10) business days prior to your appointment to schedule your ride.** We will make every effort to accommodate you. AIM drives from 8:30am to 3:00pm.
- \* After you arrive at your appointment, the driver will depart. However, when you are ready to be picked up (or, if possible, about 15 minutes before your appointment is over), call AIM and we will send a driver back to you.
- \* When you reserve your ride, the coordinator will tell you the fee, calculated at a per-mile radius rate (under two miles = \$5). Please pay the driver when you enter the car or call AIM to pay by phone (pay by phone only if ride is over \$15). We accept cash, check, or money order. Fees are calculated as round trip only.
- \* Note that AIM drives only to non-work destinations.

## **\$3 WEDNESDAY GROCERY SHUTTLES**

Several grocery stores along the Loch Raven corridor are available for shopping: Weis, Giant, ALDI, Dollar Store, Shoppers, Walmart, Target, and many shops in Towson Marketplace. ALL return trips are 12:30pm. Please limit purchases to 2 grocery bags.

<u>LOCATION</u>	<u>PICK UP</u>
Stadium Place	10:00 AM
Woodbourne Woods	10:10 AM
Belvedere Green	10.10 AM
Kirkwood House	10:15 AM
Walker Co-op/Mews	10:15 AM



If you live in a residence not listed above, please call AIM at 410 889 7915 one (1) day in advance and it might be possible to add you to the pick up schedule. Please note, not all private residences are eligible for this service.

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*Should I tip my driver? Tips are neither required nor requested. However, if you wish to acknowledge excellent service by your driver, you are more than welcome to offer a tip.*

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## BUS TRIPS: HOW TO MAKE YOUR RESERVATION

- ◇ When you get your newsletter, pick your trip(s) immediately.
- ◇ Call AIM at 410 889 7915 to make your reservation.
- ◇ Call in your reservation first to ensure a seat. You can send payment promptly after reservation is made.

**NOTE:** Payments to confirm reservations are expected promptly. If we do not receive payment, we cannot hold your seat. **Cancellations less than twenty-four (24) hours prior to the trip without a substitution rider will NOT be refunded.** Prices are for round trip transportation **ONLY**. **Museum/venue admission fees and meals are not included in Trip Cost.**

DATE	LOCATION and FIRST PICK UP	BUS FEE
Friday, OCT 7	Towson Place Pick up 9:00am (MOYO)	\$9
Monday, OCT 10	Walmart Glen Burnie/Grill at Quarterfields Pick up 9:00 am (MOYO)	\$12
Friday, OCT 14	Colins Seafood & Grill Pick up 10am (MOYO)	\$14
Monday, OCT 17	Boscov/White Marsh Pick up 9am (MOYO)	\$9
Friday, OCT 21	Friendly Farms/Upperco Pick up Time 10:00am (MOYO)	\$12
Monday, OCT 24	Cracker Barrell Pick up 10:00am (MOYO)	\$10
Friday, OCT 28	Dutch Market/Laurel Pick up 9:00am (MOYO)	\$12

MOYO = Meal On Your Own

## **PARTY IN OCTOBER: What A Difference A Ride Makes**

AIM is hosting a “friendraiser” (as opposed to a “fundraiser”) this month. We are celebrating over four decades of AIM rides and services that have made a difference in the lives of Baltimore City older adults. Enjoy small plates and raise a glass in honor of AIM’s heroines: founders Esther Bonnett and Mary Pat Clarke, leaders Liz Briscoe, Carolyn Donohue, and Kim Allender.

Date: October 12, 2022 Time: 6:30 pm –8:30pm

Place: Cylburn Arboretum, Vollmer Center (4915 Greenspring Ave)

Tickets: \$25 for AIM Members

If you plan to attend, please RSVP by 10/3: 410 889 7915

Special offer! Enter a drawing and be one of five riders to win a free ticket and AIM transportation to the event. Call Laura at 410 889 7915 to put your name in the hat.

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## **JOIN THE FUN ON TUESDAYS AT 10AM**

**YOGA**

**LINE-DANCE**

**QUILTING (FIRST AND THIRD TUESDAYS ONLY)**

Classes start at 10:00am.

No need to sign up in advance.

If you have questions just call AIM at  
410 889 7915.

Classes are held at

St. Thomas Aquinas Church at  
37th and Roland Avenue.

Fee: \$3 per session (quilting is free).



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# LEGAL SERVICES

## Free Estate Planning/Legal Counseling

Monday, October 3, 2022  
Monday, October 17, 2022

### IN-PERSON, BY APPOINTMENT ONLY

Call AIM office to schedule, 410-889-7915

An attorney is available to prepare wills, advance medical directives, and power of attorney documents, all free of charge. You must be a Baltimore City resident age 60 and over to qualify.

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## ST MARY'S OUTREACH CENTER CALENDAR.....

### **OHEP — Energy Assistance — Tuesday, October 11**

3838 Roland Avenue (upper level community room)

10am-2pm

*Please bring ID and SS cards for all household members, proof of income dated within the last 12 months, and your recent energy bill.*

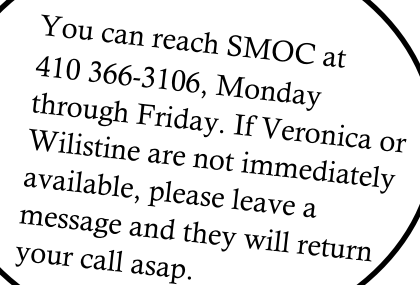
### **Health Fair — Thursday, October 13 (rain date 10/18)**

3939 Roland Ave (rear parking lot)

*Health screenings, flu shots, food, and fun!*

### **Medicare Enrollment Assistance— Oct 15-Dec 7**

*Open season to apply! Call SMOC at 410 366 3106 for an appointment.*



You can reach SMOC at 410 366-3106, Monday through Friday. If Veronica or Wilistine are not immediately available, please leave a message and they will return your call asap.

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## AIM Staff

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Keneisha Lofton  
Raven Wheat

Laura Bristow,  
Executive Director

## AIM DONORS — THANK YOU!

Rita Cain  
Carolyn Debinski

Linda Thompson  
Janice Watkins

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## TITLE VI FORMAL DECLARATION

*AIM is committed to ensuring that no person shall, on the grounds of race, color, or national origin, as provided by Title VI of the Civil Rights Act of 1964 and the Civil Rights Restoration Act of 1987, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any program or activity, whether those programs and activities are federally funded or not. AIM's Title VI Manager is responsible for initiating and monitoring Title VI activities, preparing required reports, and other responsibilities as required by Title 23 Code of Federal Regulations (CFR) Part 200, and the Title 49 CFR Part 21. Any rider wishing to submit a formal complaint with regard to violation of his or her civil rights can print out and complete the Title VI Complaint Form; simply call 410 889 7915 to request one, or download it from [www.actioninmaturity.org/title-vi-formal-declaration](http://www.actioninmaturity.org/title-vi-formal-declaration). AIM can provide translation of this declaration and the complaint form upon request.*