NOVEMBER
2026

www.actioninmaturity.org

Action in Maturity, Inc.

Serving Baltimore City Older Adults since 1978

DIRECTOR'S LETTER

Action in Maturity, Inc
2601 N Howard St
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Tel: 410-889-7915
Mon-Fri 8am-4pm

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AIM is a 501c3 non profit organization funded by Title III of the Older Americans Act, MTA, partnerships, public and private sources.

Dear Friends,

Happy Thanksgiving early! Teirra here again, taking over for Laura on the newsletter today. I would like to wish everyone a pleasant November. This month, we are concentrating most of the trips on shopping destinations because we have received many requests for a way to do some early Christmas and holiday shopping.

And… a very special announcement: for November and December, all trips will be just $5.00. Think of it as an early holiday gift from AIM and a heartfelt thank you for your membership. Please see page 3 for the calendar.

A quick reminder about pick up times for trips: if a trip happens on Mondays, we will call you Friday with your pick up time. For trips that happen on Fridays, we will call you on Thursday. If we cannot reach you "live" on the phone, we will leave a message. We really do call everyone. Sometimes we cannot leave a message because your voice mail is not active or your mailbox is full. Sometimes we get a recorded Not In Service message. So, if you haven't heard from us by 3pm on call day, please call us at 410 889 7915 for your time.

Warmly,
Teirra

P.S.
AIM will be closed on November 26 and November 27 in observance of Thanksgiving.

Transportation By Reservation (TBR): Scheduling Your Ride

*** Reservation required. Please call AIM's office at 410-889-7915 at least ten (10) business days prior to your appointment.** We know that lead time seems long, but this is the price we pay for being excellent, affordable, and in demand.

* The driver will pick you up from home 30 minutes before your appointment time. When you are ready to return home, call AIM and we will send a driver to take you home. We schedule the driver's day with the assumption that you will be at your destination for about an hour. If you know you will just be a few minutes, the driver might be able to wait. If you are going to be 30 minutes or so, please call when ready for pick up and we will be there as soon as possible. But it might be another 30 minutes before we arrive.

* TBR is for AIM members only. When you reserve your ride, the coordinator will tell you the fee, calculated at a per-mile radius rate (under two miles = $5). Please pay the driver with cash or check when you enter the car. Fees are calculated as round trip only, even if you just need a ride one way. Feel free to tip your driver.

* **Medical appointments are always given FIRST priority for rides. At times, AIM may call you to reschedule your non medical ride.** No pick ups before 830am or after 2pm.

WEDNESDAY WALMART SHUTTLE -- $3 round trip

The shuttle stops at Walmart at the Nottingham location. Return trip is 12:30 pm. Please limit purchases to two (2) bags, or what you can carry. All riders must call AIM at 410 889 7915 to reserve a seat before close of business Monday. You may call any day prior to Monday.

LOCATION	PICK UP
Stadium Place	10:00 am
Woodbourne	10:10 am
Belvedere Green	10:10 am
Kirkwood House	10:15 am

If you do not live in any of these locations, you may still be eligible for pick up, depending on your zip code. Please call AIM before Monday to see if you can be part of the route.

Bus Trips: How To Make Your Reservation

- Please call 410 889 7915 with your reservation starting **MONDAY, NOVEMBER 2**.
- Note that on "call day" you might have to leave a voice mail because we get very busy answering everyone's calls. Just leave your name, phone number, and which trips you would like. We will call you back to confirm. You need only call one time.
- **Trips must be paid for and received in advance or you will lose your seat**. You can pay by check, money order, Zelle, or cash app; you can pay with a card if you are taking more than one trip. Please call to reserve your seat before you mail a payment. If you simply mail in the payment without calling, by the time your payment and reservation request get to AIM, all seats might be booked.
- Bus fees are not refundable.
- Venue admissions fees and meals are not included with the bus fee.
- AIM will call you the day before your trip with a pick up time. The bus will arrive at your door. **Drivers accept tips, but tips are <u>not</u> requested <u>nor</u> required.**

DATE	LOCATION	TRIP FEE
FRIDAY, November 6	Pike's Restaurant/Walmart	**$5 SPECIAL PRICE!** Call to reserve Nov 2
MONDAY, November 9	Arundel Mills	**$5 SPECIAL PRICE!** Call to reserve Nov 2
FRIDAY, November 13	Dutch Market	**$5 SPECIAL PRICE!** Call to reserve Nov 2
MONDAY, November 16	Boscov's	**$5 SPECIAL PRICE!** Call to reserve Nov 2

New to Baltimore: Royal Roots Supportive Care

Royal Roots Supportive Care is currently accepting new private pay clients in Baltimore City and Baltimore County (please note that AIM is just offering this information; posting this notice is not an endorsement of the service).

Royal Roots provides companion care, personal care assistance, respite care, meal preparation, medication reminders, light housekeeping, errands, transportation, wellness checks, and overnight care. Services start at $30/hour. For more information, please call 443-416-8434 or visit www.royalrootshomecare.com

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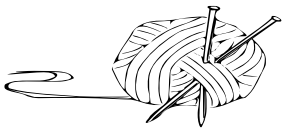
MOVE or GROOVE on TUESDAYS!

No need to sign up in advance. Questions? Call us at 410 889 7915.

CHAIR YOGA: Hampden Library, 3641 Falls Rd, Tuesdays, 10am (no fee)

QUILTING & NEEDLECRAFTS: Hampden United Methodist Church, 3449 Falls Road, 1st and 3rd Tuesdays of the month, 10am (no fee)

LINE DANCE: Hampden United Methodist Church, 3449 Falls Road, Tuesdays, 10am, $3 per class



LEGAL SERVICES (at Keswick, 700 W. 40th St)

Free Estate Planning/Selected Legal Counseling

NOVEMBER 2 and NOVEMBER 16
DECEMBER 7 and DECEMBER 14

IN-PERSON, BY APPOINTMENT ONLY
Call the AIM office to schedule, 410-889-7915
You will meet the attorney at Keswick's Wise & Well Building, 700 W. 40th St.

An attorney is available to prepare wills, advance medical directives, and power of attorney documents, all free of charge. (fee to register your will is $5). To qualify, you must be a Baltimore City resident and at least 60 years old.

ST MARY'S OUTREACH CENTER: Calendar

St. Mary's Outreach Center (SMOC) offers assistance with applications for energy assistance, Water4All, Medicare, and Medicaid, SNAP, QMB, SLMB, among other referral services. For more information on general announcements or events listed on this monthly calendar, please call St. Mary's Outreach at 410-366-3106.

October 15-December 2: Open Enrollment. Get connected with a State Health Insurance Assistance Program (SHIP) counselor for free, individualized Medicare insurance information. Call 410-396-2273.

Energy Assistance/Water4All applications due June 30, 2027. Apply at the Eastern Community Action Centers: 1731 E Chase St., 5225 York Road, or 3939 Reisterstown Rd.

Office Hours By Appt. Only. Monday-Thursday, 10am-2:00pm. Call 410 366-3106

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Title VI Declaration

AIM is committed to ensuring that no person shall, on the grounds of race, color, or national origin, as provided by Title VI of the Civil Rights Act of 1964 and the Civil Rights Restoration Action of 1987, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any program or activity, whether those programs and activities are federally funded or not. AIM's Title VI Manager is responsible for initiating and monitoring Title VI activities, preparing required reports, and other responsibilities as required by Title 23 Code of Federal Regulations (CFR) Part 200, and the Title 49 CRF Part 21. Any rider wishing to submit a formal complaint with regard to violation of his or her civil rights can print out and complete the Title VI Complaint Form; simply call 410 889 7915 to request one, or download it from www.actioninmaturity.org/title-vi-formal-declaration. AIM can provide translation of this declaration and the complaint form upon request.