



# Action In Maturity, Inc.

Serving Baltimore City Seniors since 1978

Action In Maturity  
2601 N. Howard St  
Suite 150  
Baltimore, MD  
21218  
Tel: (410)889-7915  
Mon-Fri 8am-4pm

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and private sources.

MAYOR BRANDON SCOTT



## DIRECTOR'S LETTER

Dear Friends,

Love is in the air! Here comes Valentine's Day and a great excuse to nibble on some chocolate and bring on the romance.

Spring will also be in the air soon enough — but first let's get through what is often the snowiest month of the year. Please note that when the weather is bad, AIM trips and rides might be delayed or cancelled. Broadly speaking, if the snowfall totals are going to be measured in feet, AIM will be closed. If the snow is to be measured in inches, we will do all we can to remain in service, even if delayed. If it's very icy, we will strongly recommend you stay safe at home. Rest assured, if you have a scheduled ride, we will let you know our plans as soon as we assess the forecast or current conditions.

However, let's assume the snow will wait until the weekends, so please choose your AIM trip(s). See the list on page 3.

For art lovers, we are going to try the Walters Art Museum mini trip again on February 18. See details on page 3.

Finally, congratulations and a round of applause are in order for St Mary's Outreach Center! They are celebrating 25 years of service to older adults with a party on Wednesday, February 11 from 5:30pm to 8:30pm at the VFW located at 1200 Union Avenue. Tickets are \$75. Please call 410-366-3106 for more information.

Warmly,  
Laura

P.S. AIM is closed Monday, February 16, in observance of President's Day.

### TRANSPORTATION BY REQUEST: SCHEDULING YOUR RIDE

To get access to the TBR program, first you must be an AIM member.

- \* **Reservation required. Please call AIM’s office at 410-889-7915 at least ten (10) business days prior to your appointment.** We know that lead time seems long, but this is the price we pay for being excellent, affordable, and in demand.
- \* The driver will pick you up from home 30 minutes before your appointment time. When you are ready to be picked up, call AIM and we will send a driver back.
- \* When you reserve your ride, the coordinator will tell you the fee, calculated at a per-mile radius rate (under two miles = \$5). Please pay the driver when you enter the car or call AIM to pay by phone (pay by phone only if ride is over \$15). We accept cash, check, Zelle, or money order. Fees are calculated as round trip only.
- \* **Medical appointments are always given FIRST priority for rides. At times, AIM may contact you to reschedule your non medical ride.**
- \* AIM only drives to non-work destinations and does not pick up after 3pm.
- \* The minimum appointment time is one hour. If your appointment ends before one hour, please call, but you may have to wait up to an hour for pick up.
- \* **Prepayment is NOT required for this program (only required for group trips)**

### **\$3 WEDNESDAY GROCERY SHUTTLES**

The shuttle stops at Walmart and other grocery stores and banks at the Nottingham location. Return trip is 12:30pm. Please limit purchases to two (2) bags, or what you can carry. A second bus will do more pick ups if first bus is full. **ALL wheelchair riders MUST call AIM at 410 889 7915 to reserve your seat at lest 24 hours in advance.**

<u>LOCATION</u>	<u>PICK UP</u>
Stadium Place	10:00 AM
Woodbourne Woods	10:10 AM
Belvedere Green	10.10 AM
Kirkwood House	10:15 AM
Walker Co-op/Mews	10:15 AM



If you do not live in a residence listed above, you may still be eligible for pickup from your home. Please call AIM at 410 889 7915 on or before Tuesdays to see if you can be part of the route. Not all zip codes can be included.

*Should I tip my driver? Tips are neither required nor requested. However, if you wish to acknowledge excellent service by your driver, you are more than welcome to offer a tip.*

# BUS TRIPS: HOW TO MAKE YOUR RESERVATION

◇ AIM will start taking reservations for both December and January starting **MONDAY, FEBRUARY 2**

Please call 410 889 7915. Let us know if you are a wheelchair rider. Thank you.

◇ Trips must be paid for in advance. January prepayments can be made in January. Bus fees are not refundable. You can pay by phone if over \$15. Or, check/money order/Zelle (to [aim@actioninmaturity.org](mailto:aim@actioninmaturity.org)/Cash App (to \$Actioninmaturity)).

◇ Venue admissions fees and meals are not included with Bus Fee.

DATE	LOCATION/ AIM will call with pick up time	BUS FEE (meals on your own) <b>ALL FEES MUST BE PAID IN ADVANCE</b>
FRIDAY, FEB 6 (call to reserve Mon 2/2)	White Marsh Mall /Boscov	\$12
MONDAY, FEB 9 (call to reserve Mon 2/2)	Eggspectations Dollar Tree	\$12
FRIDAY, FEB 13 (call to reserve Mon 2/2)	Dutch Market	\$10
MINI TRIP WEDNESDAY FEB 18 (call to reserve Mon 2/2)	Walters Art Museum (Maximum: 6 riders)	\$12
FRIDAY , FEB 20 (call to reserve Mon 2/2)	Arundel Mills	\$12
FRIDAY, FEB 27 (call to reserve Mon 2/2)	Olive Garden/Walmart	\$12

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## TAX SEASON UPDATE...

### Reserve your slot for tax prep NOW

The Tax Aide volunteers will be on site at Keswick's Wise & Well building on Saturdays starting in February. You are welcome to call now to reserve your slot. We suggest you make your appointment even if you don't have all your paperwork yet.

Start date: February 7

End date: April 11

To reserve a slot: Call AIM 410 889 7915

Location: Keswick Wise & Well building,  
700 W. 40th Street



## MOVE OR GROOVE ON TUESDAYS!

No need to sign up in advance.  
If you have questions just call AIM  
at 410 889 7915.

**YOGA:** Tuesdays, 10am, Hampden Library,  
3641 Falls Rd (No Fee)

**QUILTING & NEEDLECRAFTS:** 1st and 3rd Tuesdays,  
Hampden United Methodist Church  
3449 Falls Road (No Fee)

**LINEDANCE:** Hampden United Methodist Church  
3449 Falls Road (\$3 per class)



Please note, AIM does not provide transportation to these activities.

# LEGAL SERVICES (AT KESWICK, 700 W 40TH ST.)

## Free Estate Planning/Legal Counseling

FEBRUARY 2 and FEBRUARY 16  
MARCH 9 and MARCH 23

### IN-PERSON, BY APPOINTMENT ONLY

Call AIM office to schedule, 410-889-7915  
You will meet the attorney at Keswick’s Wise & Well Building, 700 W. 40th St.

An attorney is available to prepare wills, advance medical directives, and power of attorney documents, all free of charge. (fee to register your will is \$5) To qualify, you must be a Baltimore City resident and at least 60 years old.

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## ST MARY’S OUTREACH CENTER: CALENDAR

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**February 9, Noon-1:30pm, 3939 Roland Ave, lower level**

### **The Clever Senior Love Yourself Well: Emotional Wellness & Self-Care After 60: Love, Support, and Emotional Health at Every Stage of Life**

A supportive, uplifting conversation focused on emotional health, self-care, and staying connected — inviting seniors to slow down, reflect, and explore what it means to feel well, not just busy or “fine.” Presented by Valerie Brice-Brooks.

**February 18, Noon-1:30pm, 3939 Roland Ave, lower level**

### **Water, Walk & A Word support group meeting**

Plus: Energy Assistance (deadline 6/30/2026) \*SNAP \*  
Water4All \* Medicaid \*SLMB & QMB

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St Mary’s Outreach Center, 410-366-3106

[www.smocbaltimore.org](http://www.smocbaltimore.org)



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You can join AIM by phone, online, or we can mail  
you an application.

## AIM Staff

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## TITLE VI Declaration

*AIM is committed to ensuring that no person shall, on the grounds of race, color, or national origin, as provided by Title VI of the Civil Rights Act of 1964 and the Civil Rights Restoration Act of 1987, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any program or activity, whether those programs and activities are federally funded or not. AIM's Title VI Manager is responsible for initiating and monitoring Title VI activities, preparing required reports, and other responsibilities as required by Title 23 Code of Federal Regulations (CFR) Part 200, and the Title 49 CFR Part 21. Any rider wishing to submit a formal complaint with regard to violation of his or her civil rights can print out and complete the Title VI Complaint Form; simply call 410 889 7915 to request one, or download it from [www.actioninmaturity.org/title-vi-formal-declaration](http://www.actioninmaturity.org/title-vi-formal-declaration). AIM can provide translation of this declaration and the complaint form upon request.*