



Action In Maturity, Inc.

Serving Baltimore City Seniors since 1973

Action In Maturity
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AIM is a 501 c3 organization funded by Title III of the Older Americans Act through Baltimore City Health Dept., CARE Services, MTA, member and partner fees, and public and private sources.

MAYOR BRANDON SCOTT



DIRECTOR'S LETTER

Dear Friends,

If the volume of inquiries about Farmer's Market coupons is any indication, this should be a busy time on the upcoming distribution days of July 6 and July 7.

NEW this year: AIM will run one Farmer's Market shuttle on Thursday, July 6. If you are in need of transportation, please call 410-889-7915 to reserve a seat.

Also, here are some things to remember about distribution days:

- ◆ Coupon distribution does not begin until 10:00am. Tickets for the line will be handed out starting at 9:30am. In previous years, folks have come as early as 7:00am!. However, arriving that early really doesn't gain you anything, so please sleep in and take your time getting to AIM.
- ◆ Do bring a valid ID. If you are planning to pick up coupons for a friend or loved one, please also bring their ID along with you.
- ◆ If you can't get to a Farmer's Market on your own, don't worry, AIM will make at least one Saturday and one weekday trip to a Farmer's Market between August and October; if demand is very high, we will schedule more. Please use your coupons! More usage this year means more coupons next year.

In addition to the Farmer's Market info, there are trips listed on page 3. Please call as soon as you can with your choices because the slots do go very fast. Also, on page 6, check out information about VitalStrong, a new offering of physical therapy locations from FutureCare.

Please note, there is no Quilting in July or August. Quilting will resume on the first and third Tuesdays in September.

Stay cool out there...

Laura

P.S. AIM is closed Tuesday, July 4, in observance of Independence Day.

TRANSPORTATION BY REQUEST: SCHEDULING YOUR RIDE

To get access to the TBR program, first you must be an AIM member.

- * **Reservation required. Please call AIM’s office at 410-889-7915 at least ten (10) business days prior to your appointment.** We know that is challenging but this is the price we pay for being excellent, affordable, and in demand.
- * The driver will pick you up from home 30 minutes before your appointment time. When you are ready to be picked up, call AIM and we will send a driver back.
- * When you reserve your ride, the coordinator will tell you the fee, calculated at a per-mile radius rate (under two miles = \$5). Please pay the driver when you enter the car or call AIM to pay by phone (pay by phone only if ride is over \$15). We accept cash, check, Zelle, or money order. Fees are calculated as round trip only.
- * **Medical appointments are always given FIRST priority for rides. At times, AIM may contact you to reschedule your non medical ride.**
- * AIM only driver to non-work destinations.
- * The minimum appointment time is one hour. If your appointment ends before one hour, you may have to wait up to an hour for pick up.

\$3 WEDNESDAY GROCERY SHUTTLES

The shuttle stops at the shops at Towson Marketplace/Putty Hill and, on the first Wednesday of the month, at the Cockeysville Walmart. Return trips are 12:30pm. Please limit purchases to two (2) bags, or what you can carry.

<u>LOCATION</u>	<u>PICK UP</u>
Stadium Place	10:00 AM
Woodbourne Woods	10:10 AM
Belvedere Green	10.10 AM
Kirkwood House	10:15 AM
Walker Co-op/Mews	10:15 AM



If you do not live in a residence listed above, you may still be eligible for pickup from your home. Please call AIM at 410 889 7915 on or before Tuesdays to see if you can be part of the route. Not all zip codes can be included.

Should I tip my driver? Tips are neither required nor requested. However, if you wish to acknowledge excellent service by your driver, you are more than welcome to offer a tip.

BUS TRIPS: HOW TO MAKE YOUR RESERVATION

- ◇ When you get your newsletter, pick your trip(s) immediately.
- ◇ Call AIM at 410 889 7915 to make your reservation.
- ◇ Call in your reservation first to ensure a seat. You can send payment promptly after reservation is made, or pay driver on the day of your trip.

Cancellations less than twenty-four (24) hours prior to the trip without a substitution rider will NOT be refunded. Prices are for round trip transportation ONLY. Museum/venue admission fees and meals are not included with Bus Fee.

DATE	LOCATION and FIRST PICK UP	BUS FEE
FRIDAY, July 7	Gabes– Glen Burnie (MOYO) Quartermain — pick up time 10am	\$12
MONDAY, July 10	Arundel Mills Mall (MOYO) Pick up time 9am	\$12
MONDAY, July 17	Columbia Mall (MOYO) Dollar Store— pick up time 9am	\$12
FRIDAY, July 21	Dutch Market (MOYO) Walmart—pick up time 9am	\$10
FRIDAY, July 28	Texas RoadHouse (MOYO) Pick up time 10am	\$10
MOYO = Meal On Your Own		

FARMER'S MARKET COUPONS

Thursday, JULY 6 and Friday, JULY 7

Farmer's Market coupon distribution is scheduled for Thursday, July 6 and Friday, July 7. The event begins at 10:00a.m. and ends at 1pm both days. Reminders:

**The event takes place at 700 W. 40th in the parking lot at Action in Maturity's entrance (rain or shine). Please bring a valid ID. You must be a Baltimore City resident.

**Coupon distribution begins at 10am. Numbered tickets will be handed out so distribution can be done in an orderly fashion. No reservations are taken.

**To qualify for the coupon booklet, you must be a Baltimore City resident, age 60 or older. You may collect a booklet for a friend or loved one as a proxy. Please have their valid form of ID to present to AIM.

LET'S GET PHYSICAL ON TUESDAYS!

YOGA — 10AM

LINE-DANCE — 10AM

PICKLEBALL — 11:30AM

QUILTING (FIRST AND THIRD TUESDAYS ONLY) — 10AM



No need to sign up in advance.
If you have questions just call AIM at
410 889 7915.

Classes are held at
St. Thomas Aquinas Church at
37th and Roland Avenue — enter at Roland Ave
Fee: \$3 per session (Quilting sessions are free).

Please note, AIM does not provide transportation to these classes.

LEGAL SERVICES (AT KESWICK WISE & WELL CENTER)

Free Estate Planning/Legal Counseling

JULY 10, 2023 and JULY 31, 2023
AUGUST 14 and AUGUST 21, 2023

IN-PERSON, BY APPOINTMENT ONLY

Call AIM office to schedule, 410-889-7915

An attorney is available to prepare wills, advance medical directives, and power of attorney documents, all free of charge. To qualify, you must be a Baltimore City resident, at least 60 years old.

ST MARY'S OUTREACH CENTER CALENDAR

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**Monday, July 3: LUNCH and LEARN 11am-1pm, 3939 Roland Avenue
Community Room**
Guardian Therapeutic Center

**Wednesday, July 5: ENERGY ASSISTANCE, 11am-3pm, 3939 Roland Avenue
Community Room**
To ensure your application is complete, please bring proof of current income, ID, social security card, and your utility bill.

**Tuesday, July 18: TECH TUESDAY, 3pm-5pm, 3838 Roland Avenue, Community
Room**

**Thursday, July 20: ENERGY ASSISTANCE, 11am-3pm, 3838 Roland Avenue
Community Room**
To ensure your application is complete, please bring proof of current income, ID, social security card, and your utility bill.

To reach SMOC, please call 410 366 3106.

Action In Maturity, Inc
700 W. 40th Street
Baltimore, MD 21211

Phone: 410-889-7915
E-mail: aim@actioninmaturity.org
<http://www.actioninmaturity.org>

You can join AIM by phone, online, or we can mail you an application.

AIM Staff

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Executive Director

AIM DONORS — THANK YOU!

Terry Allen
Joan Canapp
Ramon Matiz

Irene Tackett
Madeleine Todd

New from Future Care: **VitalStrong Rehabilitation**

FutureCare has announced the opening of a new outpatient rehab service, VitalStrong Rehabilitation. Services include physical therapy, occupational therapy, and speech language pathology. Locations include: Good Samaritan, Canton Harbor and Lochearn (all are addresses that AIM can serve).

For more information, please call Jessica Garrison at 443-867-2687 or email garrisonj@futurecare.com.

