



Action In Maturity, Inc.

S e r v i n g B a l t i m o r e C i t y S e n i o r s s i n c e 1 9 7 8

Action In Maturity
2601 N. Howard St
Suite 150
Baltimore, MD
21218
Tel: (410)889-7915
Mon-Fri 8am-4pm

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Americans Act through
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Dept., CARE Services,
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partner fees, and public
and private sources.

MAYOR BRANDON SCOTT



DIRECTOR'S LETTER

Dear Friends,

For Baltimore City residents, it is hard to see the stars at night. Amazingly, I have been able to see meteors from my backyard in my city neighborhood. That said, the night sky has even more to offer if you are able to get away from all the lights. If you can, please try to check out the lunar eclipse coming on September 7. Those eclipses take a while to become total, so you have time to get in your viewing. Also, some mornings in September you might be able to see Venus, Jupiter, and Saturn lined up (earlier in August, lucky folks with telescopes saw Jupiter, Mercury, Mars, Uranus, Saturn, and Neptune lined up). There's nothing like a celestial event to bring a little wonder into your life.

Back here on Earth, AIM is presenting its usual (and occasionally *unusual* offerings). Please see the trip calendar on page 3.

Thanks to everyone who continues to share ideas and suggestions for trips and activities. We strive to include them if we can.

. "Spring passes and one remembers one's innocence.
 Summer passes and one remembers one's exuberance.
 Autumn passes and one remembers one's reverence..."
 (Yoko Ono)

Warmly,
Laura

PS Please note: AIM is closed Monday, September 7, in observance of Labor Day.

TRANSPORTATION BY RESERVATION: SCHEDULING YOUR RIDE

To get access to the TBR program, first you must be an AIM member.

- * **Reservation required. Please call AIM's office at 410-889-7915 at least ten (10) business days prior to your appointment.** We know that lead time seems long, but this is the price we pay for being excellent, affordable, and in demand.
- * The driver will pick you up from home 30 minutes before your appointment time. When you are ready to be picked up, call AIM and we will send a driver back.
- * When you reserve your ride, the coordinator will tell you the fee, calculated at a per-mile radius rate (under two miles = \$5). Please pay the driver when you enter the car or call AIM to pay by phone (pay by phone only if ride is over \$15). We accept cash, check, Zelle, or money order. Fees are calculated as round trip only, even if you just need a ride one way.
- * **Medical appointments are always given FIRST priority for rides. At times, AIM may contact you to reschedule your non medical ride.**
- * AIM only drives to non-work destinations and does not pick up after 2pm.
- * The minimum appointment time is one hour. If your appointment ends before one hour, please call for pick up, but you may have to wait up to an hour for that return ride.
- * **Prepayment is NOT required for this program (only required for group trips)**

\$3 WEDNESDAY GROCERY SHUTTLES

The shuttle stops at Walmart and other grocery stores and banks at the Nottingham location. Return trip is 12:30pm. Please limit purchases to two (2) bags, or what you can carry. **ALL riders MUST call AIM at 410 889 7915 to reserve your seat at least 24 hours in advance.**

<u>LOCATION</u>	<u>PICK UP</u>
Stadium Place	10:00 AM
Woodbourne Woods	10:10 AM
Belvedere Green	10:10 AM
Kirkwood House	10:15 AM
Walker Co-op/Mews	10:15 AM



If you do not live in a residence listed above, you may still be eligible for pickup from your home. Please call AIM at 410 889 7915 on or before Mondays to see if you can be part of the route. Not all zip codes can be included.

Should I tip my driver? Tips are neither required nor requested. However, if you wish to acknowledge excellent service by your driver, you are more than welcome to offer a tip.

BUS TRIPS: HOW TO MAKE YOUR RESERVATION

Please call with your reservation starting **TUESDAY, SEPTEMBER 1**.
Please call **410 889 7915**. Let us know if you are a wheelchair rider. Thank you.

◇ Trips must be paid for in advance. Please call to tell us your trip choices before you mail payment. If you simply mail in the payment without calling, your request will not be honored. Bus fees are not refundable. You can pay by phone if over \$15. Or, check/money order/Zelle (to aim@actioninmaturity.org/Cash App (to \$Actioninmaturity)).

◇ Venue admissions fees and meals are not included with Bus Fee.

DATE	LOCATION AIM will call with pick up time	BUS FEE (meals on your own) ALL FEES MUST BE PAID IN ADVANCE
FRIDAY September 11	Boscov	\$12 (call to reserve 9/1)
MONDAY September 14	Rose's/Dollar Tree Home Sweet Home restaurant	\$10 (call to reserve 9/1)
FRIDAY September 18	Dutch Market	\$10 (call to reserve 9/1)
MONDAY September 21	Golden Ring/Walmart	\$12 (call to reserve 9/1)
FRIDAY September 25	Windsor Inn Crab Restaurant	\$12
MONDAY September 28	Arundel Mills	\$12 (call to reserve 9/1)

AIM will pick you up from home to take you on the trip. The day before your chosen trip, we will call you with your exact pick up time.

LOOKING FOR HOME CARE SERVICES?

Beacon of Hope home care supports older adults with home care, skilled nursing, and personalized assistance to promote comfort, dignity, safety, and peace of mind.

Services include meal prep, post-hospital recovery support, medication administration, Alzheimer's and Parkinson's support, and family caregiver relief.

Beacon of Hope caregivers must pass a thorough background check and complete special training.

Please note, AIM is not endorsing Beacon of Hope. We are honoring their request to present their information to you. For more information, please contact them at info@beaconofhopehomecare.com, or call 301-541-3244. Website is www.beaconofhopehcs.com

MOVE OR GROOVE ON TUESDAYS!

No need to sign up in advance.
If you have questions just call AIM
at 410 889 7915.

YOGA: Hampden Library, Tuesdays, 10am
3641 Falls Rd (No Fee)

QUILTING & NEEDLECRAFTS: 1st and 3rd Tuesdays,
Hampden United Methodist Church
10 am 3449 Falls Road (No Fee)

LINEDANCE: Hampden United Methodist Church
Tuesdays, 10am 3449 Falls Road (\$3 per class)



Please note, AIM does not provide transportation to these activities.

LEGAL SERVICES (AT KESWICK, 700 W 40TH ST.)

Free Estate Planning/Legal Counseling

SEPTEMBER 14 and SEPTEMBER 28
OCTOBER 5 and OCTOBER 19

IN-PERSON, BY APPOINTMENT ONLY

Call the AIM office to schedule, 410-889-7915

You will meet the attorney at Keswick's Wise & Well Building, 700 W. 40th St.

An attorney is available to prepare wills, advance medical directives, and power of attorney documents, all free of charge. (fee to register your will is \$5). To qualify, you must be a Baltimore City resident and at least 60 years old.

ST MARY'S OUTREACH CENTER: CALENDAR

September 9: **Community Programming:** MedStar Community Focus Group – 12:00pm – 4pm (3939 Roland Avenue Social Room)

September 24: **Health & Wellness Activities:** Vaccine Clinic, 11:00 am – 12:30 pm and 1:00 pm – 2:30 pm, (3838 Roland Avenue Social Room)

September 30: **Educational Workshops:** Medicare 101 Sessions, 11:00am – 12:00 noon (3939 Roland Avenue Lower Level Office/3838 Roland Avenue Office Wellcare Pharmacy)

Incontinence Supplies/Wheelchairs/Walkers free when available

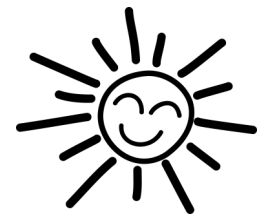
Food Distribution, 4th Wednesday of each month 3pm-5pm (3939 Roland Ave Lower Level Office)

REMINDERS:

EBT Cardholders – Current card expires September 30, 2026. If you have not received your new card by mail, contact DHS immediately.

Medicare Annual Open Enrollment – 2026-2027 October 15- December 7, 2026

Deadline Homeowners/Renters Tax Credit – October 1, 2026



Hours: call for appointment 10am-4pm, Monday through Thursday

Smocbaltiomre.org

410-366-3106

Action In Maturity, Inc
2601 N. Howard St Ste 150
Baltimore, MD 21218

Phone: 410-889-7915
www.actioninmaturity.org
E-mail: aim@actioninmaturity.org
Zelle: aim@actioninmaturity.org
CashApp: \$Actioninmaturity
You can join AIM by phone, online, or we can mail
you an application.

AIM Staff

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Kelly Battle
Leonard Carter
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Michael C. Jones
Michael G. Jones
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Frank Suber

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AIM DONORS — THANK YOU!

JOAN CANAPP
PATRICIA KANE

TITLE VI ATTESTATION

Action in Maturity is committed to ensuring that no person shall, on the grounds of race, color, or national origin, as provided by Title VI of the Civil Rights Act of 1964 and the Civil Rights Restoration Action of 1987, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any program or activity, whether those programs and activities are federally funded or not. AIM's Title VI Manager is responsible for initiating and monitoring Title VI activities, preparing required reports, and other responsibilities as required by Title 23 Code of Federal Regulations (CFR) Part 200, and the Title 49 CRF Part 21. Any rider wishing to submit a formal complaint with regard to violation of his or her civil rights can print out and complete the Title VI Complaint Form; simply call 410 889 7915 to request one, or download it from www.actioninmaturity.org/title-vi-formal-declaration. AIM can provide translation of this declaration and the complaint form upon request.