



Action In Maturity, Inc.

S e r v i n g B a l t i m o r e C i t y S e n i o r s s i n c e 1 9 7 3

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MAYOR BRANDON SCOTT



DIRECTOR'S LETTER

Dear Friends,

Here's comes the annual Farmer's Market Coupon distribution!

We can tell by the number of calls we're getting that interest in the farmer's market coupons is as high as ever. If you are new to AIM and wondering what all the fuss is about: this is a long-time program of AIM (and many other providers in the community including most senior centers). Thanks to the Senior Farmer's Market Nutrition Program, AIM distributes \$50 in coupons to Baltimore City residents over the age of 60. The coupons are good at most Baltimore City farmer's markets.

This year, the coupons are not coupons at all, but a single debit card you can store easily in your wallet. Our understanding is that many farmer's market locations will still double the amount of your benefit, so, just like double coupon day at the grocery store, you can buy twice as much produce with your card.

Also this year, rather than waiting in a long line in the hot sun to pick up the card, you **MUST** make an appointment. Simply come at the right time — and avoid the wait. Note that the farmer's market cards will be distributed at Keswick's Wise & Well building on 700 W. 40th Street. For more details on how to make your appointment time, please see page 4. Later in the summer, we will schedule a trip to the Waverly Farmer's Market, so you have a way to get out to a market.

Meanwhile, please see inside for July trips, activities arranged and sponsored by St. Mary's Outreach Center, weekly classes, and available dates for legal assistance.

Warmly,
Laura

P.S. AIM will be closed on Wednesday, June 19, in observance of Juneteenth.

TRANSPORTATION BY REQUEST: SCHEDULING YOUR RIDE

To get access to the TBR program, first you must be an AIM member.

- * **Reservation required. Please call AIM's office at 410-889-7915 at least ten (10) business days prior to your appointment.** We know that is challenging but this is the price we pay for being excellent, affordable, and in demand.
- * The driver will pick you up from home 30 minutes before your appointment time. When you are ready to be picked up, call AIM and we will send a driver back.
- * When you reserve your ride, the coordinator will tell you the fee, calculated at a per-mile radius rate (under two miles = \$5). Please pay the driver when you enter the car or call AIM to pay by phone (pay by phone only if ride is over \$15). We accept cash, check, Zelle, or money order. Fees are calculated as round trip only.
- * **Medical appointments are always given FIRST priority for rides. At times, AIM may contact you to reschedule your non medical ride.**
- * AIM only drives to non-work destinations.
- * The minimum appointment time is one hour. If your appointment ends before one hour, you may have to wait up to an hour for pick up.

\$3 WEDNESDAY GROCERY SHUTTLES

The shuttle stops at the shops at Towson Marketplace/Putty Hill and, on the first Wednesday of the month, at the Cockeysville Walmart. Return trips are 12:30pm. Please limit purchases to two (2) bags, or what you can carry. **ALL wheelchair riders MUST call AIM at 410 889 7915 to reserve your seat at least 24 hours in advance.**

<u>LOCATION</u>	<u>PICK UP</u>
Stadium Place	10:00 AM
Woodbourne Woods	10:10 AM
Belvedere Green	10:10 AM
Kirkwood House	10:15 AM
Walker Co-op/Mews	10:15 AM



If you do not live in a residence listed above, you may still be eligible for pickup from your home. Please call AIM at 410 889 7915 on or before Tuesdays to see if you can be part of the route. Not all zip codes can be included.

Should I tip my driver? Tips are neither required nor requested. However, if you wish to acknowledge excellent service by your driver, you are more than welcome to offer a tip.

BUS TRIPS: HOW TO MAKE YOUR RESERVATION

- ◇ **NEW: To give everyone a chance to receive the newsletter, AIM will not take your trip reservations until MONDAY, JUNE 3. Thank you.**
- ◇ Call AIM at 410 889 7915 to make your reservation. Let us know if you are a wheelchair rider.
- ◇ Call in your reservation first to ensure a seat. You can send payment promptly after reservation is made, or pay driver on the day of your trip.

DATE	LOCATION/ AIM will call with pick up time	BUS FEE (meal on your own)
FRIDAY, JUNE 7	Walmart Glen Burnie/Quarterfields	\$12 Please call 6/3 to reserve
MONDAY, JUNE 10	Red Lobster/White Marsh Mall	\$10 Please call 6/3 to reserve
FRIDAY, JUNE 14	Dutch Market	\$10 Please call 6/3 to reserve
MONDAY, JUNE 17	Hazelwood Inn/Dollar Tree	\$12 Please call 6/3 to reserve
FRIDAY, JUNE 21	Arundel Mills	\$12 Please call 6/3 to reserve

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FARMER'S MARKET CARDS: JULY 9 and JULY 10

Please Call to Reserve Your Slot: Appointment Only

See below for instructions on the new farmer's market distribution process. This year, instead of a coupon book, you will receive a debit card. Pick up is **by appointment only**:

1. Please call AIM at 410 889 7915 to request an appointment time. Your time will actually be within a half hour range (for example you can request a 9:30am-10am slot and you can arrive any time within that slot). If you don't have an appointment, you will not be able to receive your card. We will fill July 9 slots first, then follow with July 10.
2. Please bring your driver's license or a government ID so we can confirm age and Baltimore City residency. If you are picking up the Farmer's Market Card for someone else, please bring their ID with you.
3. The distribution site is Keswick's Wise and Well Center at 700 W. 40th Street.

LET'S GET PHYSICAL ON TUESDAYS!

YOGA — 10AM

LINE-DANCE — 10AM

PICKLEBALL — 11:30AM

QUILTING (FIRST AND THIRD TUESDAYS ONLY) — 10AM



No need to sign up in advance.
If you have questions just call AIM at
410 889 7915.

Classes are held at
St. Thomas Aquinas Church at
37th and Roland Avenue — enter at Roland Ave
Fee: \$3 per session (Quilting sessions are free).

Please note, AIM does not provide transportation to these activities.

LEGAL SERVICES (AT KESWICK, 700 W 40TH ST.)

Free Estate Planning/Legal Counseling

JUNE 3 and JUNE 17

JULY 1 and JULY 15

IN-PERSON, BY APPOINTMENT ONLY

Call AIM office to schedule, 410-889-7915

You will meet the attorney at Keswick’s Wise & Well Building, 700 W. 40th St.

An attorney is available to prepare wills, advance medical directives, and power of attorney documents, all free of charge. To qualify, you must be a Baltimore City resident and at least 60 years old.

ST MARY’S OUTREACH CENTER: CALENDAR

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Please call St Mary’s Outreach Center for more info about these events: 410-366-3106

MONDAY JUNE 3: Lunch and Learn with Autumn Lake

11:00am-1:00pm — 3939 Roland Avenue, SMOC Office Lower Level

THURSDAY, JUNE 6: “The Clever Senior” Insurance Policy Review

11:00am-3:00pm — 3939 Roland Avenue, SMOC Office Lower Level

TUESDAY, JUNE 11: DHS SNAP Applications with SEEDCO

11:00am-1:00pm— 3939 Roland Avenue SMOC Office Lower Level

FRIDAY JUNE 14: Father’s Day Celebrations

Bingo 11:00am-1:00pm — 3939 Roland Avenue Social Room

Karaoke 2:00pm-4:00pm — 3838 Roland Ave, Social Room

FRIDAY, JUNE 21: Alzheimer’s Education Workshop

Noon—2:00pm —3939 Roland Ave, SMOC Office Lower Level

TUESDAY, JUNE 25: DHS SNAP Applications with SEEDCO

11:00am-1:00pm— 3939 Roland Avenue SMOC Office Lower Level

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You can join AIM by phone, online, or we can mail
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AIM DONORS — THANK YOU!

Olabisi James
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TITLE VI ATTESTATION

AIM is committed to ensuring that no person shall, on the grounds of race, color, or national origin, as provided by Title VI of the Civil Rights Act of 1964 and the Civil Rights Restoration Action of 1987, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any program or activity, whether those programs and activities are federally funded or not. AIM's Title VI Manager is responsible for initiating and monitoring Title VI activities, preparing required reports, and other responsibilities as required by Title 23 Code of Federal Regulations (CFR) Part 200, and the Title 49 CFR Part 21. Any rider wishing to submit a formal complaint with regard to violation of his or her civil rights can print out and complete the Title VI Complaint Form; simply call 410 889 7915 to request one, or download it from www.actioninmaturity.org/title-vi-formal-declaration. AIM can provide translation of this declaration and the complaint form upon request.