



# Action In Maturity, Inc.

**Serving Baltimore City Seniors since 1978**

Action In Maturity  
2601 N. Howard St  
Suite 150  
Baltimore, MD  
21218  
Tel: (410)889-7915  
Mon-Fri 8am-4pm

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**MAYOR BRANDON SCOTT**



## DIRECTOR'S LETTER

Dear Friends,

Here is what poet Thomas Hood said about November a couple of centuries ago: "No sun —No moon!/. . . No fruits, no flowers, no leaves, no birds!" Surely November is not as desolate as all that. In fact, it has a unique sort of charm, doesn't it? We have wonderful holidays to anticipate of course. We can celebrate this time of transitional weather that usually includes some Indian summer, so there might still be a handful of pleasant days ahead.

No matter what is happening outdoors, we can always connect for trips with AIM. Please see page 3 for November offerings. Note that we are combining Valley View Farms and Dutch Market in one trip (we will park at Dutch Market and you can simply cross the sidewalk to enjoy Valley View). By the way, many thanks to members who have come up with more ideas for new destinations. You should see them appearing in the coming months.

Finally, St Mary's Outreach Center reminds women about the women's group Water, Walk & A Word. The next meeting is November 19th from noon to 1:30pm at 3939 Roland Avenue, first floor social room.

As always, we look forward to seeing you or chatting with you on the phone.

Warmly,  
Laura

PS Please note AIM will be closed on November 27 and 28 in observance of Thanksgiving.

## TRANSPORTATION BY REQUEST: SCHEDULING YOUR RIDE

To get access to the TBR program, first you must be an AIM member.

- \* **Reservation required. Please call AIM's office at 410-889-7915 at least two weeks prior to your appointment.** We know that lead time seems long, but this is the price we pay for being excellent, affordable, and in demand. Note that you can reserve a ride to a non medical destination including grocery, library, errand, or social engagement. Such rides can be worked in between timed reservations so you don't have to wait two weeks.
- \* The driver will pick you up from home 30 minutes before your appointment time. When you are ready to be picked up from your appointment, call AIM and we will send a driver back.
- \* When you reserve your ride, the coordinator will tell you the fee, calculated at a per-mile radius rate. Please pay the driver when you enter the car or call AIM to pay by phone (pay by phone only if ride is over \$15). We accept cash, check, Zelle, CashApp or money order. Fees are calculated as round trip only. You do NOT need to prepay for your ride.
- \* **Medical appointments are always given FIRST priority for rides. At times, AIM may contact you to reschedule your non medical ride.**
- \* AIM only drives to non-work destinations and does not make return trips after 2:00pm.
- \* The minimum appointment time is one hour. If your appointment ends before one hour, please call, but you may have to wait up to an hour for pick up.

## **\$3 WEDNESDAY GROCERY SHUTTLES: RESERVE AHEAD**

The Wednesday shuttle stops at Walmart and other grocery stores and banks at the Nottingham location. Return trip is 12:30pm. Please limit purchases to two (2) bags, or what you can carry. **ALL riders MUST call AIM at 410 889 7915 to reserve a seat before close of business Mondays. You are welcome to call any time during the week.**

### LOCATION

Stadium Place/Zen/Heritage Run

Woodbourne Woods

Belvedere Green

Kirkwood House

### PICK UP

10:00 AM

10:10 AM

10:10 AM

10:15 AM



If you do not live in a residence listed above, you may still be eligible for pickup from your home. Please call AIM at 410 889 7915 on or before Mondays to see if you can be part of the route. Not all zip codes can be included. If your zip code is excluded, you can schedule an individual ride to a grocery store within two to three days of your request.

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***Should I tip my driver? Tips are neither required nor requested. However, if you wish to acknowledge excellent service by your driver, you are more than welcome to offer a tip.***

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## BUS TRIPS: HOW TO MAKE YOUR RESERVATION

- ◇ **AIM will start taking reservations MONDAY, NOVEMBER 3. Calls tend to come in all at once, so if we don't pick up, please leave a message with the trips you want, and we will call you back to confirm.**  
**Please call 410 889 7915. Let us know if you are a wheelchair rider. Thank you.**
- ◇ **Trips must be paid for in advance. Bus fees are not refundable but can be applied to a later trip if you need to cancel. Pay with cash/check/money order/Zelle (to [aim@actioninmaturity.org](mailto:aim@actioninmaturity.org))/Cash App (to \$Actioninmaturity)**

| <b>DATE</b>                                                                    | <b>LOCATION/<br/>AIM will call you with a<br/>pick up time</b> | <b>BUS FEE<br/>(meals on your own)<br/>ALL FEES MUST BE PAID<br/>IN ADVANCE</b> |
|--------------------------------------------------------------------------------|----------------------------------------------------------------|---------------------------------------------------------------------------------|
| <b>FRIDAY, November 7<br/>Call to reserve starting<br/>Monday, November 3</b>  | By the Docks<br>restaurant                                     | \$12                                                                            |
| <b>MONDAY, November 10<br/>Call to reserve starting<br/>Monday, November 3</b> | Aurora Seafood<br>Walmart                                      | \$12                                                                            |
| <b>FRIDAY, November 14<br/>Call to reserve starting<br/>Monday, November 3</b> | Collins Restaurant/Dollar<br>Tree                              | \$12                                                                            |
| <b>MONDAY, November 17<br/>Call to reserve starting<br/>Monday, November 3</b> | Boscov                                                         | \$12                                                                            |
| <b>FRIDAY, November 21<br/>Call to reserve starting<br/>Monday, November 3</b> | Dutch Market<br>Valley View Farms                              | \$10                                                                            |
| <b>MONDAY, November 24<br/>Call to reserve starting<br/>Monday, November 3</b> | Arundel Mills                                                  | \$12                                                                            |

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## **Volunteer Opportunity: St Agnes Chaperone Program**

St. Agnes Hospital is seeking volunteers aged 60+ to help with their Chaperone Program. This is initiative that provides transportation with chaperones from patients' homes to their medical appointments.

As a volunteer, you might make appointment reminder and wellness calls, transport patients around the St. Agnes campus in a golf cart, or accompany patients to their appointment.

The hours are flexible, and the appreciation events and gift cards are plentiful.

For more information, call 667-234-7302 or 667-234-7304.

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### **MOVE OR GROOVE ON TUESDAYS!**

**YOGA:** Tuesdays, 10am, Hampden Library,  
3641 Falls Rd (No Fee)

**QUILTING/CROCHET/KNITTING:** 1st and 3rd Tuesdays,  
10:00 am, Hampden United Methodist Church,  
3449 Falls Road (No Fee)

**LINEDANCE:** Tuesdays, 10:00 am, Hampden United Methodist  
Church 3449 Falls Road (\$3 per class)

No need to sign up in advance.  
If you have questions just call AIM  
at 410 889 7915.



Please note, AIM does not provide transportation to these activities.

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## **LEGAL SERVICES (AT KESWICK, 700 W 40TH ST.)**

### **Free Estate Planning/Legal Counseling**

Monday, NOVEMBER 3 and Monday, NOVEMBER 17  
Monday, DECEMBER 1 and Monday, DECEMBER 15

### **IN-PERSON, BY APPOINTMENT ONLY**

Call AIM office to schedule, 410-889-7915

You will meet the attorney at Keswick's Wise & Well Building, 700 W. 40th St.

An attorney is available to prepare wills, advance medical directives, and power of attorney documents, all free of charge. To qualify, you must be a Baltimore City resident and at least 60 years old.

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## **ST MARY'S OUTREACH CENTER — CALENDAR**

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This month, St. Mary's Outreach provides the following....

### **Application assistance for :**

\* Energy Assistance (deadline 6/30/2026) \* SNAP \* Water4All  
\* Medicaid \* SLMB & QMB

Redetermination papers should be processed immediately for Medicaid/SNAP.

For Cut Off Notices, please go to your local Department of Social Services.

**FRIDAY, NOVEMBER 7 and NOVEMBER 14 10am-2pm**

Medicare Benefits Advisor, 3939 Roland Ave, lower level office

For more help, call for appointment 410-366-3106

Office Hours at 3939 Roland Avenue, Baltimore, MD 21211

Monday – Thursday – 9:00 a.m. – 4:00 p.m.

Friday – 10:00 a.m.- 2:00 p.m.

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Zelle: aim@actioninmaturity.org  
CashApp: \$Actioninmaturity  
You can join AIM by phone, online, or we can mail  
you an application.

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### This Holiday Season...

#### Please Consider Making a Gift to AIM

AIM is fortunate to receive funding from donors and a solid roster of grants and partnerships — plus contributions from many AIM members. Such support enables us to maintain our programs for you every month.

Would you consider making a gift? Perhaps you have valued a timely ride to a medical appointment or errand... or enjoyed being with friends on the bus or at an event... or you admire the skill and customer service delivered by your driver... or you are just glad to know AIM is here should you or a loved one need us in the future.

You can show your appreciation with a contribution of your own. It is as easy as paying by phone or sending a check or money order, or by using Zelle or CashApp. Donations are tax-deductible. Thank you for your support!

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