



# Action In Maturity, Inc.

**S e r v i n g   B a l t i m o r e   C i t y   S e n i o r s   s i n c e   1 9 7 3**

Action In Maturity  
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21218  
Tel: (410)889-7915

### Board of Directors

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MAYOR BRANDON SCOTT



## DIRECTOR'S LETTER

Dear Friends,

AIM is all settled into its new home on N. Howard Street. We have even had some members visit!

Here are our updates for October:

— St Thomas Aquinas Church, at 3700 Roland Ave is hosting a lunch and bingo event on Saturday, October 21. Admission for adults 62+ is \$22, and includes lunch and bingo cards. For more information please call Joan Canapp at 410-935-3169.

— Check out St. Mary's Outreach Center activities on page 5.

— Thanks to all who wait patiently until the first of the month to reserve their special trip rides. We believe that allowing extra time for slow mail to be delivered to AIM members has made this process more fair for everyone. This month, October 1 is a Sunday, so we will be happy to take the trip calls starting Monday, October 2.

— We will return to the Waverly Farmer's Market in November. Coupons expire at the end of that month.

— As we announced last month, AIM has received a gift of 28 tickets to the Baltimore Aquarium.. That trip is October 13 (see page 3 for the full calendar of trips). If response for this trip is especially high, we may turn the sign up process into a lottery system. All names will be entered into a hat and pulled at random. We will let the lucky winners know on October 9.

Happy Autumn to all.

Warmly,  
Laura



**TRANSPORTATION BY REQUEST: SCHEDULING YOUR RIDE**

To get access to the TBR program, first you must be an AIM member.

- \* **Reservation required. Please call AIM’s office at 410-889-7915 at least ten (10) business days prior to your appointment.** We know that is challenging but this is the price we pay for being excellent, affordable, and in demand.
- \* The driver will pick you up from home 30 minutes before your appointment time. When you are ready to be picked up, call AIM and we will send a driver back.
- \* When you reserve your ride, the coordinator will tell you the fee, calculated at a per-mile radius rate (under two miles = \$5). Please pay the driver when you enter the car or call AIM to pay by phone (pay by phone only if ride is over \$15). We accept cash, check, Zelle, or money order. Fees are calculated as round trip only.
- \* **Medical appointments are always given FIRST priority for rides. At times, AIM may contact you to reschedule your non medical ride.**
- \* AIM only driver to non-work destinations.
- \* The minimum appointment time is one hour. If your appointment ends before one hour, you may have to wait up to an hour for pick up.

**\$3 WEDNESDAY GROCERY SHUTTLES**

The shuttle stops at the shops at Towson Marketplace/Putty Hill and, on the first Wednesday of the month, at the Cockeysville Walmart. Return trips are 12:30pm. Please limit purchases to two (2) bags, or what you can carry.

<u>LOCATION</u>	<u>PICK UP</u>
Stadium Place	10:00 AM
Woodbourne Woods	10:10 AM
Belvedere Green	10.10 AM
Kirkwood House	10:15 AM
Walker Co-op/Mews	10:15 AM



If you do not live in a residence listed above, you may still be eligible for pickup from your home. Please call AIM at 410 889 7915 on or before Tuesdays to see if you can be part of the route. Not all zip codes can be included.

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*Should I tip my driver? Tips are neither required nor requested. However, if you wish to acknowledge excellent service by your driver, you are more than welcome to offer a tip.*

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## BUS TRIPS: HOW TO MAKE YOUR RESERVATION

- ◇ **NEW: To give everyone a chance to receive their newsletter, AIM will not take your trip reservations until the 1st of the month. *Please do not call until October 2. Thank you***
- ◇ Call AIM at 410 889 7915 to make your reservation.
- ◇ Call in your reservation first to ensure a seat. You can send payment promptly after reservation is made, or pay driver on the day of your trip.

**Venue admissions fees and meals are not included with Bus Fee.**

DATE	LOCATION/Pick up time	BUS FEE
MONDAY, Oct 9	Paper Moon Diner Pick up time 10am	\$10 Call to reserve 10/2 Meal On Your Own
FRIDAY, Oct 13	Baltimore Aquarium/ Moe's Admission FREE Pick up time 10am	\$12 Call to reserve 10/2 Meal On Your Own
MONDAY, Oct 16	Arundel Mills Pick up time 9am	\$12 Call to reserve 10/2
FRIDAY, Oct 20	Dutch Market (NO Walmart) Pick up time 9am	\$10 Call to reserve 10/2 Meal On Your Own
MONDAY, Oct 23	Walmart/Michaels Pick up time 9am	\$10 Call to reserve 10/2 Meal On Your Own
FRIDAY, Oct 27	Annapolis Mall Pick up time 9am	\$12 Call to reserve 10/2 Meal On Your Own

**\*\*\*WAVERLY FARMERS MARKET\*\*\* Next Trip in November**

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## **VOLUNTEERS NEEDED: Help Children Read Better**

The AARP's Experience Corps is seeking volunteers to read with and tutor elementary school-aged children. Experience Corps is a community-based volunteer program that empowers people over 50 to help young students become better readers. Volunteers are trained and then placed where the most help is needed.

If you would like to volunteer, please call Shannon Kowal at 302-740-0842 or email [shannonkowal@ymaryland.org](mailto:shannonkowal@ymaryland.org).




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## **LET'S GET PHYSICAL ON TUESDAYS!**

**YOGA — 10AM**

**LINE-DANCE — 10AM**

**PICKLEBALL — 11:30AM**

**QUILTING (FIRST AND THIRD TUESDAYS ONLY) — 10AM**



No need to sign up in advance.  
If you have questions just call AIM at  
410 889 7915.

Classes are held at  
St. Thomas Aquinas Church at  
37th and Roland Avenue — enter at Roland Ave  
Fee: \$3 per session (Quilting sessions are free).

Please note, AIM does not provide transportation to these activities.

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## **LEGAL SERVICES (AT KESWICK WISE & WELL CENTER)**

### **Free Estate Planning/Legal Counseling**

OCTOBER 2 and OCTOBER 30  
NOVEMBER 13 and NOVEMBER 20

### **IN-PERSON, BY APPOINTMENT ONLY**

Call AIM office to schedule, 410-889-7915

An attorney is available to prepare wills, advance medical directives, and power of attorney documents, all free of charge. To qualify, you must be a Baltimore City resident, at least 60 years old.

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## **ST MARY'S OUTREACH CENTER CALENDAR**

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### **Lunch 'n' Learn with SHIP**

**Monday, October 2**

11am-1pm. 3939 Roland Ave, Community Room

### **Resource Days: Energy Assistance, Water4All, Tax Credits, Medicaid**

**Tuesday, Oct 10:** 10am-2pm. 3939 Roland Ave, Community Room

**Saturday, Oct 21:** 10am-2pm. 3838 Roland Ave, Community Room

**Tuesday, Oct 24:** 10am-2pm. 3939 Roland Ave, Community Room

### **Tech Thursday: phone and computer help**

**Thursday, Oct 19**

3pm-5pm. 3838 Roland Ave, Community Room

### **Medicare Enrollment**

**Wednesday, Oct 18 and Wednesday, Oct 25**

10am-2pm. 3838 Roland Ave, Community Room

For more information, please call SMOC at 410-366-3106

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You can join AIM by phone, online, or we can mail you an application.

## AIM Staff

Don Ayers  
Pha'len Barnes  
Kelly Battle  
Lisa Harris-Davis  
Monyette Howard  
Albert Johnson  
Kierra Johnson  
Michael Jones  
Keneisha Lofton  
Ricky Morris  
Raven Wheat

Laura Bristow,  
Executive Director

## AIM DONORS — THANK YOU!

Phyllis Becoat      Carolyn Brown      Ruth Ricks

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### TITLE VI FORMAL DECLARATION

*AIM is committed to ensuring that no person shall, on the grounds of race, color, or national origin, as provided by Title VI of the Civil Rights Act of 1964 and the Civil Rights Restoration Action of 1987, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any program or activity, whether those programs and activities are federally funded or not. AIM's Title VI Manager is responsible for initiating and monitoring Title VI activities, preparing required reports, and other responsibilities as required by Title 23 Code of Federal Regulations (CFR) Part 200, and the Title 49 CFR Part 21. Any rider wishing to submit a formal complaint with regard to violation of his or her civil rights can print out and complete the Title VI Complaint Form; simply call 410 889 7915 to request one, or download it from [www.actioninmaturity.org/title-vi-formal-declaration](http://www.actioninmaturity.org/title-vi-formal-declaration). AIM can provide translation of this declaration and the complaint form upon request.*