
AUGUST 2023



Action In Maturity, Inc.

S e r v i n g B a l t i m o r e C i t y S e n i o r s s i n c e 1 9 7 3

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AIM is a 501 c3 organization funded by Title III of the Older Americans Act through Baltimore City Health Dept., CARE Services, MTA, member and partner fees, and public and private sources.

MAYOR BRANDON SCOTT



DIRECTOR'S LETTER

Dear Friends,

Usually the dog days of summer are quiet as we enjoy the final weeks of hot weather. However, at AIM, it is busy, busy, busy:

First, an update on Farmer's Market Coupons. AIM scheduled two days of distribution in July, and we were out of coupons by the end of the first day. The crowd — which included both community members and AIM members — was enthusiastic about the booklets, so now it is time to head to a Farmer's Market to use them! **The first Farmer's Market trip will be Wednesday, August 9, to Catonsville.** Please call 410-889-7915 to reserve your seat. There is no charge for this trip.

Second, we are changing up our newsletter mailing and trip scheduling process with the goal of giving more AIM members a chance at a seat. Here are the changes:

- Newsletters are now mailed a week earlier than we have in the past, to allow for any post office delivery mishaps. Our hope is that everyone receives their paper on or before the last week of the month.
- To give everyone a chance to receive their newsletter, **no reservations will be taken until the first working day of the month.** So for this month, **please do not call with your choices until Tuesday, August 1** — even if you are reading this in July.
- We will continue to post the newsletter on AIM's website on the first work day of the month.

Finally, please note, there is no Quilting in August. Quilting will resume on the first and third Tuesdays in September.

Enjoy the lazy, hazy, crazy days of summer.

Laura

TRANSPORTATION BY REQUEST: SCHEDULING YOUR RIDE

To get access to the TBR program, first you must be an AIM member.

- * **Reservation required. Please call AIM's office at 410-889-7915 at least ten (10) business days prior to your appointment.** We know that is challenging but this is the price we pay for being excellent, affordable, and in demand.
- * The driver will pick you up from home 30 minutes before your appointment time. When you are ready to be picked up, call AIM and we will send a driver back.
- * When you reserve your ride, the coordinator will tell you the fee, calculated at a per-mile radius rate (under two miles = \$5). Please pay the driver when you enter the car or call AIM to pay by phone (pay by phone only if ride is over \$15). We accept cash, check, Zelle, or money order. Fees are calculated as round trip only.
- * **Medical appointments are always given FIRST priority for rides. At times, AIM may contact you to reschedule your non medical ride.**
- * AIM only driver to non-work destinations.
- * The minimum appointment time is one hour. If your appointment ends before one hour, you may have to wait up to an hour for pick up.

\$3 WEDNESDAY GROCERY SHUTTLES

The shuttle stops at the shops at Towson Marketplace/Putty Hill and, on the first Wednesday of the month, at the Cockeysville Walmart. Return trips are 12:30pm. Please limit purchases to two (2) bags, or what you can carry.

<u>LOCATION</u>	<u>PICK UP</u>
Stadium Place	10:00 AM
Woodbourne Woods	10:10 AM
Belvedere Green	10.10 AM
Kirkwood House	10:15 AM
Walker Co-op/Mews	10:15 AM



If you do not live in a residence listed above, you may still be eligible for pickup from your home. Please call AIM at 410 889 7915 on or before Tuesdays to see if you can be part of the route. Not all zip codes can be included.

Should I tip my driver? Tips are neither required nor requested. However, if you wish to acknowledge excellent service by your driver, you are more than welcome to offer a tip.

BUS TRIPS: HOW TO MAKE YOUR RESERVATION

◇ **NEW: To give everyone a chance to receive their newsletter, AIM will not take your trip reservations until the 1st of the month. *Please do not call until August 1. Thank you***

- ◇ Call AIM at 410 889 7915 to make your reservation.
- ◇ Call in your reservation first to ensure a seat. You can send payment promptly after reservation is made, or pay driver on the day of your trip.

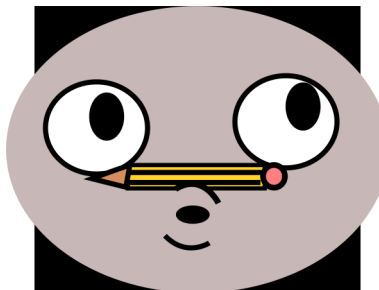
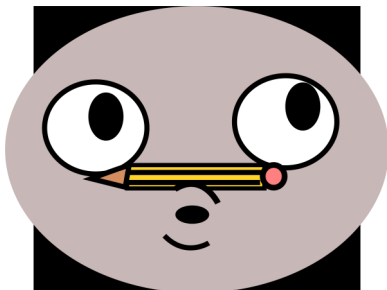
Museum/venue admission fees and meals are not included with Bus Fee.

DATE	LOCATION and FIRST PICK UP	BUS FEE
MONDAY August 7	Boscov/Wh Marsh Mall (MOYO) Pick up time 9am	\$12
FRIDAY August 11	Canton Shops and Mission BBQ Pick up time 9am (MOYO)	\$12
MONDAY August 14	Captain James Crab Hse (MOYO) Pick up time 10am	\$10
FRIDAY August 18	Dutch Market and (MOYO) Walmart—pick up time 9am	\$10
MONDAY August 21	Arundel Mills (MOYO) Pick up time 9am	\$12
FRIDAY August 25	Hazelwood Inn and (MOYO) Dollar Store —Pick up time 9am	\$10
WEDNESDAY August 9	CATONSVILLE FARMER’S MARKET	

MOYO = Meal On Your Own

VOLUNTEER and EMPLOYMENT OPPORTUNITIES at KESWICK MULTI-CARE

Keswick Multi-Care has announced many volunteer opportunities, internships, and job openings. For more information, please click on www.choosekeswick.org/Careers, or call Keswick HR at 410-662-4260.



LET'S GET PHYSICAL ON TUESDAYS!

YOGA — 10AM

LINE-DANCE — 10AM

PICKLEBALL — 11:30AM

QUILTING (FIRST AND THIRD TUESDAYS ONLY) — 10AM



No need to sign up in advance.
If you have questions just call AIM at
410 889 7915.

Classes are held at
St. Thomas Aquinas Church at
37th and Roland Avenue — enter at Roland Ave
Fee: \$3 per session (Quilting sessions are free).

Please note, AIM does not provide transportation to these classes.

LEGAL SERVICES (AT KESWICK WISE & WELL CENTER)

Free Estate Planning/Legal Counseling

AUGUST 14 and AUGUST 21
SEPTEMBER 11 and SEPTEMBER 25

IN-PERSON, BY APPOINTMENT ONLY

Call AIM office to schedule, 410-889-7915

An attorney is available to prepare wills, advance medical directives, and power of attorney documents, all free of charge. To qualify, you must be a Baltimore City resident, at least 60 years old.

ST MARY'S OUTREACH CENTER CALENDAR

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Tuesday, August 1, 1pm-4pm, 3838 Roland Avenue Community Room

National Night of Prayer/Community Health Project

Monday, August 7, 11am-1pm, 3939 Roland Avenue Community Room

Lunch & Learn (presenter TBA)

Wednesday, August 9, 11am-3pm, 3939 Roland Avenue Community Room

Energy Assistance

To ensure your application is complete, please bring proof of current income, ID, social security card, and your utility bill.

Tuesday, August 15, 3pm-5pm, 3838 Roland Avenue Community Room

Tech Tuesday

Get help with your phone, computer, or ipad.

Thursday, August 17, 11am-3pm, 3838 Roland Avenue Community Room

Energy Assistance

To ensure your application is complete, please bring proof of current income, ID, social security card, and your utility bill.

To reach St. Mary's Outreach Center, call 410 366 3106

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You can join AIM by phone, online, or we can mail

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AIM DONORS — THANK YOU!

Dr Sikirat Disu

TITLE VI Formal Declaration

Action in Maturity is committed to ensuring that no person is excluded from participation in, or denied the benefits of, the transit service we offer. This policy is consistent with the requirements of Title VI of the 1964 Civil Rights Act. If you believe you have been subjected to unequal treatment because of race, color, gender, or national origin, then you have the right to file a formal complaint with the Executive Director of AIM. Complaints may be filed within 180 days following the date of the alleged discriminatory action. Requests for more information, or complaints, may be submitted by mail, phone, or email to: Laura Bristow, AIM, 700 W 40th Street, Baltimore, MD 21211, 410-889-7915, or email AIM at aim@actioninmaturity.org