

JUNE 2023



Action In Maturity, Inc.

S e r v i n g B a l t i m o r e C i t y S e n i o r s s i n c e 1 9 7 3

Action In Maturity
aim@actioninmaturity.org
700 W. 40th Street
Baltimore, MD
21211-7915
Tel: (410)889-7915

Board of Directors

Frederick Koontz,
President
Elizabeth Briscoe
Reba Cornman
Neetu Dhawan-Gray
Collins Downing
Monte Ephraim
Elaine Hertzberg
Lee Layman
Susie Pearce
William Rowe
Corey Turpin
Brian Villari

AIM is a 501 c3 organization funded by Title III of the Older Americans Act through Baltimore City Health Dept., CARE Services, MTA, member and partner fees, and public and private sources.

MAYOR BRANDON SCOTT



DIRECTOR'S LETTER

Dear Friends,

Happy summer!

With summer comes Farmer's Market Coupon days at AIM. Every July, we receive a supply of coupon books to distribute to City residents over the age of 60. (see page 4 for more details). This is one of our most popular programs, and we provide transportation to farmer's markets several times into summer and fall.

Great news for this year's distribution: the value of the coupons is \$50, quite an increase over last year's \$35. However...each year since the program began, AIM has been receiving fewer and fewer coupon books to give away because recipients are not using the coupons. We know it might seem a little daunting to shop at a farmer's market. But it is worth it! Here is a quick refresher on how the Farmer's Market world works...

The farmer's market is certainly different from a traditional grocery store. For example, most markets are sprawled outdoors, and crowded with lots of individual stalls selling everything from produce to meat to prepared food, coffee, honey, even original art. You make a purchase at each stall, rather than going through one checkout stand. Also, items at each stall will vary in price and quality, so shoppers usually check out a few before buying. It's true that not every seller accepts the coupons, but those who do may also direct you to extra tokens that double the value of your coupons for more savings. Farmer's market vendors are super friendly and do want to help you maximize your coupons. (Please keep in mind, coupons expire in November.)

So, if you're feeling steady on your feet and up to the additional walking outdoors and slower-moving lines than your usual grocery destination — plus a little bit of the unexpected — you will be rewarded with some great values and delicious food.

Warmly,

Laura

P.S. Please note, AIM is closed Monday, June 19, in observance of Juneteenth.

TRANSPORTATION BY REQUEST: SCHEDULING YOUR RIDE

To get access to the TBR program, first you must be an AIM member.

- * **Reservation required. Please call AIM's office at 410-889-7915 at least ten (10) business days prior to your appointment.** We know that is challenging but this is the price we pay for being excellent, affordable, and in demand.
- * The driver will pick you up from home 30 minutes before your appointment time. When you are ready to be picked up call AIM and we will send a driver back.
- * When you reserve your ride, the coordinator will tell you the fee, calculated at a per-mile radius rate (under two miles = \$5). Please pay the driver when you enter the car or call AIM to pay by phone (pay by phone only if ride is over \$15). We accept cash, check, Zelle, or money order. Fees are calculated as round trip only.
- * **Medical appointments are always given FIRST priority for rides. At times, AIM may contact you to reschedule your non medical ride.**
- * AIM only drivers to non-work destinations.
- * The minimum appointment time is one hour. If your appointment ends before one hour, you may have to wait up to an hour for pick up.

\$3 WEDNESDAY GROCERY SHUTTLES

The shuttle stops at the shops at Towson Marketplace/Putty Hill and, on the first Wednesday of the month, at the Cockeysville Walmart. Return trips are 12:30pm. Please limit purchases to two (2) bags, or what you can carry.

<u>LOCATION</u>	<u>PICK UP</u>
Stadium Place	10:00 AM
Woodbourne Woods	10:10 AM
Belvedere Green	10.10 AM
Kirkwood House	10:15 AM
Walker Co-op/Mews	10:15 AM



If you do not live in a residence listed above, you may still be eligible for pickup from your home. Please call AIM at 410 889 7915 on or before Tuesdays to see if you can be part of the route. Not all zip codes can be included.

Should I tip my driver? Tips are neither required nor requested. However, if you wish to acknowledge excellent service by your driver, you are more than welcome to offer a tip.

BUS TRIPS: HOW TO MAKE YOUR RESERVATION

- ◇ When you get your newsletter, pick your trip(s) immediately.
- ◇ Call AIM at 410 889 7915 to make your reservation.
- ◇ Call in your reservation first to ensure a seat. You can send payment promptly after reservation is made, or pay driver on the day of your trip.

Cancellations less than twenty-four (24) hours prior to the trip without a substitution rider will NOT be refunded. Prices are for round trip transportation ONLY. Museum/venue admission fees and meals are not included with Bus Fee.

DATE	LOCATION and FIRST PICK UP	BUS FEE
FRIDAY, June 9	Dutch Market/ Walmart (MOYO)	\$10
MONDAY, June 12	Hunt Valley Mall (MOYO)	\$12
FRIDAY, June 16	Michaels Restaurant/ Dollar Store (MOYO)	\$10
FRIDAY, June 23	Nicks Crab House (MOYO)	\$12
MONDAY, June 26	Horseshoe Casino (MOYO)	\$10
FRIDAY, June 30	American Visionary Art Museum/Moe's Seafood (MOYO)	\$10
MOYO = Meal On Your Own		

FARMER'S MARKET COUPONS

Coming in JULY

The Farmer's Market coupon distribution is scheduled for Thursday, July 6 and Friday, July 7. The event begins at 10:00a.m. and ends at 1pm both days.

As in previous years...

**The event takes place at 700 W. 40th in the parking lot at Action in Maturity's entrance (rain or shine).

**Coupon distribution begins at 10am. Numbered tickets will be handed out when you arrive so distribution can be done in an orderly fashion, there are no reservations, coupons are given out first-come, first-serve.

**To qualify for the booklet, you must be a Baltimore City resident, age 60 or older.

LET'S GET PHYSICAL ON TUESDAYS!

YOGA — 10AM

LINE-DANCE — 10AM

PICKLEBALL — 11:30AM

QUILTING (FIRST AND THIRD TUESDAYS ONLY) — 10AM



No need to sign up in advance.
If you have questions just call AIM at
410 889 7915.

Classes are held at
St. Thomas Aquinas Church at
37th and Roland Avenue — enter at Roland Ave
Fee: \$3 per session (Quilting sessions are free).

Please note, AIM does not provide transportation to these classes.

LEGAL SERVICES (AT KESWICK WISE & WELL CENTER)

Free Estate Planning/Legal Counseling

JUNE 5, 2023 and JUNE 12, 2023
JULY 10, 2023 and JULY 31, 2023

IN-PERSON, BY APPOINTMENT ONLY

Call AIM office to schedule, 410-889-7915

An attorney is available to prepare wills, advance medical directives, and power of attorney documents, all free of charge. To qualify, you must be a Baltimore City resident, at least 60 years old.

ST MARY'S OUTREACH CENTER CALENDAR

.....

Tuesday, June 13, 11am-3pm, 3939 Roland Ave

Walk in Hours for OHEP/Renters' and Homeowners' Insurance, Water4All

Did you know that SMOC has monthly walk-in days for outreach services? You can obtain assistance with: Water4All, OHEP, Homeowners/Renters Tax Credit. To ensure your application is complete, please bring proof of current income, ID, social security card, and your utility bill.

Friday, June 16, 12pm-2pm, 3939 Roland Ave Community Room: Father's Day Celebration

Tuesday, June 20, 2pm-5pm, 3838 Roland Ave Community Room: TECH Tuesday

Wednesday, June 21, 9am-11am, 3939 Roland Ave Community Room: Covid Clinic

Wednesday, June 21, 12pm-2pm, 3838 Roland Ave Community Rm: Covid Clinic

Action In Maturity, Inc
700 W. 40th Street
Baltimore, MD 21211

Phone: 410-889-7915
E-mail: aim@actioninmaturity.org
<http://www.actioninmaturity.org>

You can join AIM by phone, online, or we can mail you an application.

AIM Staff

Don Ayers
D.J. Ayers, Jr
Pha'len Barnes
Kelly Battle
Rudy Bradley
Monyette Howard
Albert Johnson
Kierra Johnson
Jacqueline Jones
Michael Jones
Keneisha Lofton
Raven Wheat

Laura Bristow,
Executive Director

AIM DONORS — THANK YOU!

Judith Conway
Varnetta Haley
Nora Whitehead

Newsletter Delivery Update

Last month, many AIM members called to tell us that their newsletters were very delayed, or didn't come at all. Please know we share your frustration. And we made that frustration known to the Hampden post office, where we have been taking our newsletters problem-free month after month for many years.

We hope you are reading this during the first week of June which would mean the post office delivered on time! Next month, we will repeat some of the trips you might have missed in May.

By the way, each month the newsletter is also uploaded to the AIM website, www.actioninmaturity.org, right around the first of the month. If you know how to get to the internet on your phone, or on a computer, you can see the newsletter there as well.