



# Action In Maturity, Inc.

Serving Baltimore City Seniors since 1978

Action In Maturity  
2601 N. Howard St  
Suite 150  
Baltimore, MD  
21218  
Tel: (410)889-7915  
Mon-Fri 8am-4pm

## Board of Directors

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AIM is a 501 c3 organization funded by Title III of the Older Americans Act through Baltimore City Health Dept., CARE Services, MTA, member and partner fees, and public and private sources.

MAYOR BRANDON SCOTT



## DIRECTOR'S LETTER

Dear Friends,

Could spring really be around the corner? We think so. We are ready for some warm days and blooming flowers.

We have just a few announcements this month:

- There are a handful of tax slots left for April 5 (the last Saturday for this service), so if you need taxes prepared, please call right away.
- Are you missing AIM pickleball — or ready to take it up? The Dept of Recreation and Parks is offering pickleball lessons and play at several locations in the city and county. In AIM's backyard is Medfield Recreation Center at 1501 Wood Heights Avenue. You can take a four week class, Mondays and Wednesdays, starting May 1. Fee is \$20. For more information call 410-396-2920.
- Each month we receive notices from organizations in search of folks for studies, classes, tutoring opportunities, and more. See page 4 to learn about Towson University's Parkinson's program.
- If you are new to AIM, please don't hesitate to call if you have questions about how we connect you with our programs, whether you need more clarification about trip reservations and pick ups, medical appointment reservations, classes, legal or tax assistance, or any programs you see in the newsletter.

Thank you for your membership.

Warmly,  
Laura

## TRANSPORTATION BY REQUEST: SCHEDULING YOUR RIDE

To get access to the TBR program, first you must be an AIM member.

- \* **Reservation required. Please call AIM's office at 410-889-7915 at least two weeks prior to your appointment.** We know that lead time seems long, but this is the price we pay for being excellent, affordable, and in demand.
- \* The driver will pick you up from home 30 minutes before your appointment time. When you are ready to be picked up from your appointment, call AIM and we will send a driver back.
- \* When you reserve your ride, the coordinator will tell you the fee, calculated at a per-mile radius rate (under two miles = \$5). Please pay the driver when you enter the car or call AIM to pay by phone (pay by phone only if ride is over \$15). We accept cash, check, Zelle, CashApp or money order. Fees are calculated as round trip only.
- \* **Medical appointments are always given FIRST priority for rides. At times, AIM may contact you to reschedule your non medical ride.**
- \* AIM only drives to non-work destinations and does not make return trips after 2:30pm.
- \* The minimum appointment time is one hour. If your appointment ends before one hour, please call, but you may have to wait up to an hour for pick up.
- \* **Prepayment is NOT required for this program (only required for group trips)**

## **\$3 WEDNESDAY GROCERY SHUTTLES: RESERVE AHEAD**

The Wednesday shuttle stops at Walmart and other grocery stores and banks at the Nottingham location. Return trip is 12:30pm. Please limit purchases to two (2) bags, or what you can carry. **ALL riders MUST call AIM at 410 889 7915 to reserve your seat at least 48 hours in advance.**

| <u>LOCATION</u>   | <u>PICK UP</u> |
|-------------------|----------------|
| Stadium Place     | 10:00 AM       |
| Woodbourne Woods  | 10:10 AM       |
| Belvedere Green   | 10:10 AM       |
| Kirkwood House    | 10:15 AM       |
| Walker Co-op/Mews | 10:15 AM       |



If you do not live in a residence listed above, you may still be eligible for pickup from your home. Please call AIM at 410 889 7915 on or before Mondays to see if you can be part of the route. Not all zip codes can be included.

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***Should I tip my driver? Tips are neither required nor requested. However, if you wish to acknowledge excellent service by your driver, you are more than welcome to offer a tip.***

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## BUS TRIPS: HOW TO MAKE YOUR RESERVATION

- ◇ **AIM will start taking reservations MONDAY, MARCH 3. Calls tend to come in all at once, so if we don't pick up, please leave a message with the trips you want, and we will call you back.**

**Please call 410 889 7915. Let us know if you are a wheelchair rider. Thank you.**

- ◇ **NEW: Trips must be paid for in advance. Bus fees are not refundable. Pay with cash/check/money order/Zelle (to [aim@actioninmaturity.org](mailto:aim@actioninmaturity.org))/Cash App (to \$Actioninmaturity)**

| <b>DATE</b>  | <b>LOCATION/<br/>AIM will call you with a<br/>pick up time</b> | <b>BUS FEE<br/>(meals on your own)<br/>ALL FEES MUST BE PAID<br/>IN ADVANCE</b> |
|--|--|---|
| <b>FRIDAY, MARCH 7<br/>Call to reserve starting<br/>Mar 3</b>  | Dutch Market   | \$10  |
| <b>MONDAY, MARCH 10<br/>Call to reserve starting<br/>Mar 3</b> | G&M Restaurant   | \$10  |
| <b>FRIDAY, MARCH 14<br/>Call to reserve starting<br/>Mar 3</b> | Boscov's White Marsh   | \$12  |
| <b>MONDAY, MARCH 17<br/>Call to reserve starting<br/>Mar 3</b> | Pikes Restaurant/Dollar<br>Store                               | \$12  |
| <b>FRIDAY, MARCH 21<br/>Call to reserve starting<br/>Mar 3</b> | Pappas/Walmart   | \$12  |
| <b>MONDAY March 24<br/>Call to reserve starting<br/>Mar 3</b>  | Arundel Mills  | \$12  |

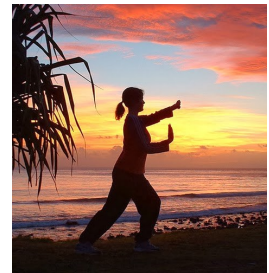
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## TOWSON UNIVERSITY Institute for Well-Being: COMMUNITY HEALTH & RESILIENCE in PARKINSON'S

If you or a loved one suffers from Parkinson's Disease, you can join Towson University's weekly sessions that include daily life skills training, body movement, and client/care-partner education

Led by an occupational therapist, sessions take place Wednesdays from 2:30 pm to 4:30pm and may include tai-chi, golf, and more. Sessions are enrolling now.

For more information, please call 410-704-7300 or email [iwb@towson.edu](mailto:iwb@towson.edu).




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### MOVE OR GROOVE ON TUESDAYS!

No need to sign up in advance.  
If you have questions just call AIM  
at 410 889 7915.

**YOGA:** Tuesdays, 10am, Hampden Library,  
3641 Falls Rd (No Fee)

**QUILTING/NEEDLECRAFTS:** 1st and 3rd Tuesdays,  
3641 Falls Road (No Fee)

**LINEDANCE:** Hampden United Methodist Church  
3449 Falls Road (\$3 per class)



Please note, AIM does not provide transportation to these activities.

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# LEGAL SERVICES (AT KESWICK, 700 W 40TH ST.)

## Free Estate Planning/Legal Counseling

MARCH 10 and MARCH 17  
APRIL 7 and APRIL 21

### IN-PERSON, BY APPOINTMENT ONLY

Call AIM office to schedule, 410-889-7915

You will meet the attorney at Keswick’s Wise & Well Building, 700 W. 40th St.

An attorney is available to prepare wills, advance medical directives, and power of attorney documents, all free of charge. To qualify, you must be a Baltimore City

## ST MARY’S OUTREACH CENTER: CALENDAR

*St Mary’s Outreach Hours: Mon-Fri 8am-4pm, RSVP to calendar events: 410 366 3106*

- **Tuesday, March 4, 2025 - Computer Class: Virtual Museum Tour**  
Location: 3939 Roland Ave (Admin Office) , 11:00 a.m.- 1:00 p.m.
- **Wednesday, March 5, 2025 - Fall Prevention Class with Ricky Castro**  
Location: 3838 Roland Ave (Social Room), 12:00 noon - 1:30 p.m.
- **Tuesdays, March, 11th and 25th - SNAP Applications**  
Location: 3939 Roland Avenue (Admin. Office) , 11:00 a.m. - 1:00 p.m.
- **Wednesday, March 12, 2025 - Fall Prevention Class with Ricky Castro**  
Location: 3939 Roland Avenue (Admin Office), 12:00 noon - 1:30 p.m.
- **Thursday, March 13, 2025 - Computer Class - Learning How to Use MyChart**  
Location: 3838 Roland Avenue (Social Room), 11:00 a.m. - 1:00 p.m.
- **Friday, March 14, 2025 - FREE Phones - Medstar - 10:00 a.m. - 1:00 p.m.**  
Location: 3838 Roland Ave, 10:00 a.m. - 1:00 p.m. (income under \$20,000; SNAP/Medicaid)
- **Monday, March 24, 2025 - Renters/Property Tax Applications**  
Location: Enoch Pratt Library Hampden Branch, 5108 Roland Ave, 10:00 a.m. - 2:00 p.m.
- **Wednesday, March 26, 2025 - Renters/Property Tax Applications**  
Location: VFW 1200 Union Avenue, 10:00 a.m. - 2:00 p.m.

**Walk-ins Welcome - Tuesday/Thursday 10:00 a.m. - 2:00 p.m.**

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Phone: 410-889-7915  
www.actioninmaturity.org  
E-mail: aim@actioninmaturity.org  
Zelle: aim@actioninmaturity.org  
CashApp: \$Actioninmaturity  
You can join AIM by phone, online, or we can mail  
you an application.

## AIM Staff

Michael Banks  
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Damontez Burgess  
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## AIM DONORS — THANK YOU!

REBA CORNMAN  
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## TITLE VI Declaration

*AIM is committed to ensuring that no person shall, on the grounds of race, color, or national origin, as provided by Title VI of the Civil Rights Act of 1964 and the Civil Rights Restoration Action of 1987, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any program or activity, whether those programs and activities are federally funded or not. AIM's Title VI Manager is responsible for initiating and monitoring Title VI activities, preparing required reports, and other responsibilities as required by Title 23 Code of Federal Regulations (CFR) Part 200, and the Title 49 CFR Part 21. Any rider wishing to submit a formal complaint with regard to violation of his or her civil rights can print out and complete the Title VI Complaint Form; simply call 410 889 7915 to request one, or download it from [www.actioninmaturity.org/title-vi-formal-declaration](http://www.actioninmaturity.org/title-vi-formal-declaration). AIM can provide translation of this declaration and the complaint form upon request.*