
APRIL 2022



Action In Maturity, Inc.

S e r v i n g B a l t i m o r e C i t y S e n i o r s s i n c e 1 9 7 3

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MAYOR BRANDON SCOTT



DIRECTOR'S LETTER

Dear Friends,

AIM is happy to announce an impressive milestone: our membership now numbers over 1,000 people. Thanks to all who have recently joined or who just renewed their membership. We appreciate your support and plan on continuing to provide transportation and other services for all who become part of this important crowd.

Membership to AIM means you are never far from a friendly group with whom to go on a fun trip or just to the grocery store. Nor are you far from an individual ride to the doctor or other important appointment. We hope you will get out and about with AIM more as the weather warms up. Socialization can be so good for mental — and even physical — health, particularly as recent world events are adding to our stress and worry, making us want to isolate from others.

Please check out new trips for April on page 3. You just might see your recommendation for a restaurant or destination on the calendar!

Among AIM's good news, one sad note: AIM mourns the loss of longtime ukulele teacher, Paul Hulleberg. Said student Besty Cunningham, "Paul kept us all together through the thick and thin of Covid. What a loss to the peaceful chorus of the universe." Paul is forever on youtube; just type Paul Hulleberg Music Mondays in the search bar there to see him perform at Govans Presbyterian Church's Music Monday.

Warmly,
Laura

TRANSPORTATION BY REQUEST: SCHEDULING YOUR RIDE

To get access to the TBR program, first you must be an AIM member. The cost to join is \$15 per year. Enroll by phone or call for an application.

- * Call AIM's office at 410-889-7915 at least six to eight business days prior to your appointment to schedule your ride. We will make every effort to accommodate your schedule. AIM drives from 8:30a-3:00pm.
- * After you arrive at your appointment, the driver will depart. However, when you are ready to be picked up (or, if possible, about 15 minutes before your appointment is over), call AIM and we will send a driver back to you.
- * When you reserve your ride, the coordinator will tell you the fee. Please pay the driver when you enter the car. We accept credit, cash, check, or money order.
- * Note that AIM drives only to non-work destinations.

\$3 WEDNESDAY GROCERY SHUTTLES

Several grocery stores along the Loch Raven corridor are available for shopping: Weis, Giant, ALDI, Dollar Store, Shoppers, Walmart, Target, and many shops in Towson Marketplace. ALL return trips are 12:30pm. Please limit purchases to 2 grocery bags.

<u>LOCATION</u>	<u>PICK UP</u>
Stadium Place	10:00 AM
Woodbourne Woods	10:00 AM
Belvedere Green	10.00 AM
Kirkwood House	10:00 AM
Walker Co-op/Mews	10:10 AM



If you live in a residence not listed above, please call AIM at 410 889 7915 one (1) day in advance and it might be possible to add you to the pick up schedule. Please note, not all private residences are eligible for this service.

Should I tip my driver? Tips are neither required nor requested. However, if you wish to acknowledge excellent service by your driver, you are more than welcome to offer a tip.

BUS TRIPS: HOW TO MAKE YOUR RESERVATION

- ◇ When you get your newsletter, pick your trip(s) immediately.
- ◇ Call AIM at 410 889 7915 to make your reservation.
- ◇ Call in your reservation first to ensure a seat. You can send payment promptly after reservation is made.

NOTE: Payments to confirm reservations are expected promptly. If we do not receive payment, we cannot hold your seat. **Cancellations less than twenty-four (24) hours prior to the trip without a substitution rider will NOT be refunded.** Prices are for round trip transportation ONLY. Museum/venue admission fees and meals are not included in Trip Cost.

DATE	LOCATION AND FIRST PICK UP	TRIP COST
<i>MOYO = Meal On Your Own</i>		
Friday, April 8	Dutch Market, Cockeysville Pick up 10:00 am	MOYO** \$9
Monday, April 11	Towson Mall/Whole Foods/Towson Diner Pick up 10:00 am	MOYO ** \$9
Friday, April 15	Bingo World Pick up 11:00 am	MOYO ** \$12
Monday, April 18	Walmart, Cockeysville/Dollar St/Corner Stable Pick up 10:00 am	MOYO ** \$10
Friday, April 22	MD LIVE /Arundel Mills Pick up 10:00 am	MOYO ** \$12
Monday, April 25	Reginald F. Lewis Museum */ Moe's Seafood Pick up at 8:30 am	MOYO ** \$10
Friday, April 29	Paper Moon Diner Pick up 10am	MOYO ** \$10

* Reginald F. Lewis Museum Fee: \$9

** MOYO"= Meal On Your Own

TAX PREPARATION UPDATE — ONLINE APPOINTMENTS ONLY

You can still have taxes done by a qualified preparer with the Maryland Cash Campaign. The best way is to make an appointment online at www.cashmd.org. There are several locations where taxes can be dropped off, but an appointment is necessary. New appointment slots are added every Friday, so that is the best day to make your reservation. Note that the deadline for State tax preparation has been moved to July 15, but Federal taxes are still due April 18.

If you need assistance with making an online appointment, please call AIM and we will complete the sign up process with you.

JOIN THE FUN ON TUESDAYS AT 10AM

**YOGA
LINE-DANCE
QUILTING (FIRST AND THIRD TUESDAYS ONLY)**

No need to sign up in advance.
If you have questions just call AIM
at 410 889 7915. Classes are held at
St. Thomas Aquinas Church at 37th and
Roland Avenue. Fee: \$3 per session (quilting is free).



LEGAL SERVICES

Free Estate Planning/Legal Counseling

Monday, April 4, 2022
Monday, April 25, 2022

IN-PERSON, BY APPOINTMENT ONLY

Call AIM office to schedule, 410-889-7915

An attorney is available to prepare wills, advance medical directives, and power of attorney documents, all free of charge. You must be a Baltimore City resident age 60 and over to qualify.

ST MARY'S OUTREACH CENTER CALENDER.....

*** HomeOwners/Renters Tax Credits, 10AM-2PM**

April 5: 3838 Roland Avenue

April 19th: 3939 Roland Avenue

Please bring ID, social security card, rent or mortgage statement and proof of all household income.

*** Pharmacy Consultation, 3838 Roland Avenue 9AM-3PM**

April 14

Please bring a list of your medications and dosages (or bring them with you in a brown bag), and a pharmacist will review them with you to answer questions and confirm there are no adverse interactions between your prescriptions.

*** Tech Thursdays, 3939 Roland Ave. 5PM-7PM**

April 14 and April 28

Please bring your questions about how to use smart phone, phone, tablet, or computer.

*** OHEP (Energy Assistance Program) 3838 Roland Avenue Rooftop 10AM-2PM**

April 20

Please bring ID, social security cards, current proof of income for all household members, and bill from your fuel company. If you have already applied in 2021 there is no need to apply again.

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AIM DONORS — THANK YOU!

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YOUR OPINION MATTERS — BE HEARD IN A FOCUS GROUP!

Want to offer your views on important issues impacting you and other older adults? This March and April, AIM and SMOC will be recruiting participants for phone and zoom conversations about emergency preparedness — what works, what doesn't, what you need to be better prepared. You will also review and comment on a survey about preparedness that will be distributed throughout the community later in the year.

Participants will receive a Walmart gift card as compensation.

If you are interested in being part of this project, please call Laura at AIM, 410-889-7915.