



Action In Maturity, Inc.

S e r v i n g B a l t i m o r e C i t y S e n i o r s s i n c e 1 9 7 8

Action In Maturity
2601 N. Howard St
Suite 150
Baltimore, MD
21218
Tel: (410)889-7915
Mon-Fri 8am-4pm

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partner fees, and public
and private sources.

MAYOR BRANDON SCOTT



DIRECTOR'S LETTER

Dear Friends,

Shorter days and cooler temps will soon be upon us. The change in seasons can be bittersweet as we usher in the new season while bidding farewell to the old one.

Whether you prefer humid summer or crisper fall, know that AIM is here with trips, services, and activities rain or shine.

A reminder about the services provided by St. Mary's Outreach Center: September is packed with important dates and offerings. If you don't see what you need on this month's calendar, just call them at 410-366-3106. Be sure to leave a message if you don't connect right away, and someone will return your call.

As for AIM's calendar, we have planned a trip to the Waverly Farmer's Market for Saturday, September 20. There is no fee for this trip. Please call 410 889 7915 to reserve your spot. If you are using a Farmer's Market card for the very first time, please note that a Farmer's Market visit involves a lot of walking among big crowds gathered at the various tables and stalls. Also, not every farmer will have the ability to swipe your card (but we have been assured there will be more farmers than last year with the right equipment). Waverly has a wonderful assortment of produce, honey, coffee, and gifts.

Warmly,
Laura

PS. AIM is closed Monday September 1 in observance of Labor Day.

TRANSPORTATION BY REQUEST: SCHEDULING YOUR RIDE

To get access to the TBR program, first you must be an AIM member.

- * **Reservation required. Please call AIM's office at 410-889-7915 at least two weeks prior to your appointment.** We know that lead time seems long, but this is the price we pay for being excellent, affordable, and in demand.
- * The driver will pick you up from home 30 minutes before your appointment time. When you are ready to be picked up from your appointment, call AIM and we will send a driver back.
- * When you reserve your ride, the coordinator will tell you the fee, calculated at a per-mile radius rate (under two miles = \$5). Please pay the driver when you enter the car or call AIM to pay by phone (pay by phone only if ride is over \$15). We accept cash, check, Zelle, CashApp or money order. Fees are calculated as round trip only.
- * **Medical appointments are always given FIRST priority for rides. At times, AIM may contact you to reschedule your non medical ride.**
- * AIM only drives to non-work destinations and does not make return trips after 2:30pm.
- * The minimum appointment time is one hour. If your appointment ends before one hour, please call, but you may have to wait up to an hour for pick up.
- * **Prepayment is NOT required for this program (it is only required for group trips)**

\$3 WEDNESDAY GROCERY SHUTTLES: RESERVE AHEAD

The Wednesday shuttle stops at Walmart and other grocery stores and banks at the Nottingham location. Return trip is 12:30pm. Please limit purchases to two (2) bags, or what you can carry. **ALL riders MUST call AIM at 410 889 7915 to reserve a seat before close of business Mondays.**

LOCATION

Stadium Place/Zen/Heritage Run

Woodbourne Woods

Belvedere Green

Kirkwood House

PICK UP

10:00 AM

10:10 AM

10:10 AM

10:15 AM



If you do not live in a residence listed above, you may still be eligible for pickup from your home. Please call AIM at 410 889 7915 on or before Mondays to see if you can be part of the route. Not all zip codes can be included. If your zip code is excluded, you can schedule an individual ride to a grocery store within two to three days of your request.

Should I tip my driver? Tips are neither required nor requested. However, if you wish to acknowledge excellent service by your driver, you are more than welcome to offer a tip.

BUS TRIPS: HOW TO MAKE YOUR RESERVATION

- ◇ **AIM will start taking reservations TUESDAY SEPTEMBER 2. Calls tend to come in all at once, so if we don't pick up, please leave a message with the trips you want, and we will call you back to confirm.**
Please call 410 889 7915. Let us know if you are a wheelchair rider. Thank you.
- ◇ **Trips must be paid for in advance. Bus fees are not refundable but can be applied to a later trip if you need to cancel. Pay with cash/check/money order/Zelle (to aim@actioninmaturity.org)/Cash App (to \$Actioninmaturity)**

DATE	LOCATION/ AIM will call you with a pick up time	BUS FEE (meals on your own) ALL FEES MUST BE PAID IN ADVANCE
MONDAY, September 8 Call to reserve starting Tuesday, September 2	First Watch/Dollar Tree	\$10
FRIDAY, September 12 Call to reserve starting Tuesday, September 2	Dutch Market	\$10
MONDAY, September 15 Call to reserve starting Tuesday, September 2	Arundel Mills	\$12
FRIDAY, September 19 Call to reserve starting Tuesday, September 2	Hazelwood Restaurant	\$12
MONDAY, September 22 Call to reserve starting Tuesday, September 2	Bubba's Restaurant/Walmart	\$12
FRIDAY, September 26 Call to reserve starting Tuesday, September 2	Columbia Mall	\$12

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Monthly Community Health Walks...

Walk Your Way to Better Health

Join a monthly community health walk every second Saturday at 9:00am, starting at Lake Montebello (Hillen entrance). Walks are cancelled if it's raining.

Make community connections and new friends! Grab a healthy snack, learn how to be mindful about your health, and more.

To register and learn more, email Kadija Hart at khart@backyardbasecamp.org.



MOVE OR GROOVE ON TUESDAYS!

YOGA: Tuesdays, 10am, Hampden Library,
3641 Falls Rd (No Fee)

QUILTING/CROCHET/KNITTING: 1st and 3rd Tuesdays,
10:00 am, Hampden United Methodist Church,
3449 Falls Road (No Fee)

LINEDANCE: Tuesdays, 10:00 am, Hampden United Methodist
Church 3449 Falls Road (\$3 per class)



No need to sign up in advance.
If you have questions just call AIM
at 410 889 7915.

LEGAL SERVICES (AT KESWICK, 700 W 40TH ST.)

Free Estate Planning/Legal Counseling

Monday, SEPTEMBER 8 and Monday, SEPTEMBER 22
Monday, OCTOBER 6 and Monday, OCTOBER 20

IN-PERSON, BY APPOINTMENT ONLY

Call AIM office to schedule, 410-889-7915
You will meet the attorney at Keswick's Wise & Well Building, 700 W. 40th St.

An attorney is available to prepare wills, advance medical directives, and power of attorney documents, all free of charge. To qualify, you must be a Baltimore City resident and at least 60 years old.

ST MARY'S OUTREACH CENTER: CALENDAR

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Office Hrs: 9:00am-4:30pm,

RSVP for events: 410 366 3106

Walk ins : Tuesdays and Thursdays 10am-2pm

S.O.A.R. - Economic Action - Homeowners & Renters Tax Credit Applications Tuesday, September 2
10:00 a.m. – 2:00 p.m. Location: 3939 Roland Avenue, Lower Level

SNAP Applications – Tuesday, September 9 and Tuesday, September 23
11:00 a.m. – 1:00 p.m. Location: 3939 Roland Avenue, Lower Level

MedStar Events— Lunch & Learn – Wednesday, September 10
House Call Program – Good Samaritan 11:00 a.m. – 1:00 p.m. Location: 3939 Roland Avenue, Lower Level

Falls Prevention Education Class – Wednesday, September 17
11:00 a.m. – 1:00 p.m. 3838 Roland Avenue, Social Room

Water, Walk & Word - Women's Support Group – Wednesday, September 17
12:00 Noon - 1:00 p.m. 3939 Roland Avenue, Lower Level (Light Refreshments)

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Phone: 410-889-7915
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You can join AIM by phone, online, or we can mail
you an application.

AIM Staff

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Laura Bristow
Executive Director

AIM DONORS — THANK YOU!

PATRICIA KANE
MARYLAND PHYSICIANS CARE
PAMELA R. SMITH

TRIP TO WAVERLY FARMER'S MARKET SATURDAY, SEPTEMBER 20

If you have not gotten a chance to use your farmers market coupon yet, AIM is ready with transportation to the Waverly Farmers Market on Saturday, September 20.

Please note, pick ups will start earlier than our usual times, first one on the bus will be 8:00am.

This trip iss free of charge.

Just call 410 889 7915 to reserve your seat.

