



Action In Maturity, Inc.

Serving Baltimore City Seniors since 1973

Action In Maturity
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Tel: (410)889-7915
Mon-Fri 8am-4pm

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MAYOR BRANDON SCOTT



DIRECTOR'S LETTER

Dear Friends,

This month, we are devoting this space to announce a change in how you will make your trip reservations, along with an important reminder about pick up times.

Paying for your trip: Starting this month, all trips must be paid for in advance. The trip fee will now be **non-refundable**, even if you have a sudden emergency that prevents you from joining. We are hoping this new approach will reduce the very high number of cancellations we receive each month (your cancelled reservation is also a spot a fellow AIM member could have had). Moreover, the new policy might also help you refine your own planning, particularly when it comes to medical or other appointments you may already have on your calendar.

When you call in your trip request(s), we will reserve your spot, and remind you to send a check or money order within five business days. Or you can stop by our office with cash. If we don't receive payment, you will forfeit your slot. You can pay by phone if your total is over \$15.

Reminder about pick up times: As always, we call you with your pick up time one day before the trip — so your call will come Thursday for the Friday trip and Friday for the Monday trip, likely before 1:30pm. Sometimes we are unable to connect with you live. In that case, we will leave a message. If you don't usually check your messages, or your voice mailbox is full or not set up, or you believe you haven't received a call, please call AIM for your time. If we don't hear from you by the end of the day on the Thursday or Friday before a trip, we will assume you are cancelling.

Thank you for your cooperation.

Laura

P.S. AIM is hosting an encore presentation of the scam prevention session on October 9 at Keswick's Wise and Well location. Please see Page 4 for details.

TRANSPORTATION BY REQUEST: SCHEDULING YOUR RIDE

To get access to the TBR program, first you must be an AIM member.

- * **Reservation required. Please call AIM’s office at 410-889-7915 at least ten (10) business days prior to your appointment.** We know that lead time seems long, but this is the price we pay for being excellent, affordable, and in demand.
- * The driver will pick you up from home 30 minutes before your appointment time. When you are ready to be picked up, call AIM and we will send a driver back.
- * When you reserve your ride, the coordinator will tell you the fee, calculated at a per-mile radius rate (under two miles = \$5). Please pay the driver when you enter the car or call AIM to pay by phone (pay by phone only if ride is over \$15). We accept cash, check, Zelle, or money order. Fees are calculated as round trip only.
- * **Medical appointments are always given FIRST priority for rides. At times, AIM may contact you to reschedule your non medical ride.**
- * AIM only drives to non-work destinations and does not pick up after 3pm.
- * The minimum appointment time is one hour. If your appointment ends before one hour, please call, but you may have to wait up to an hour for pick up.

\$3 WEDNESDAY GROCERY SHUTTLES

The shuttle stops at Walmart and other grocery stores and banks at the Nottingham location. Return trip is 12:30pm. Please limit purchases to two (2) bags, or what you can carry. A second bus will do more pick ups if first bus is full. **ALL wheelchair riders MUST call AIM at 410 889 7915 to reserve your seat at lest 24 hours in advance.**

<u>LOCATION</u>	<u>PICK UP</u>
Stadium Place	10:00 AM
Woodbourne Woods	10:10 AM
Belvedere Green	10.10 AM
Kirkwood House	10:15 AM
Walker Co-op/Mews	10:15 AM



If you do not live in a residence listed above, you may still be eligible for pickup from your home. Please call AIM at 410 889 7915 on or before Tuesdays to see if you can be part of the route. Not all zip codes can be included.

Should I tip my driver? Tips are neither required nor requested. However, if you wish to acknowledge excellent service by your driver, you are more than welcome to offer a tip.

BUS TRIPS: HOW TO MAKE YOUR RESERVATION

- ◇ **AIM will start taking reservations TUESDAY, OCTOBER 1. Please call 410 889 7915. Let us know if you are a wheelchair rider. Thank you.**
- ◇ **NEW: Trips must be paid for in advance. Bus fees are not refundable under any circumstances.**
- ◇ **Venue admissions fees and meals are not included with Bus Fee.**

DATE	LOCATION/ AIM will call with pick up time	BUS FEE (meals on your own) ALL FEES MUST BE PAID IN ADVANCE
MONDAY, OCT 7	Three Brothers Rest/ Walmart Wash. Blvd	BUS Fee: \$10 in advance Please call starting 10/1
FRIDAY, OCT 11	Nick's Fish House	BUS Fee: \$12 in advance Please call starting 10/1
MONDAY, OCT 14	Michaels Restaurant/Cockeysville	BUS Fee: \$12 in advance Please call starting 10/1
FRIDAY, OCT 18	Dutch Market	BUS Fee: \$10 in advance Please call starting 10/1
MONDAY, OCTOBER 21	First Watch/Dollar Tree	BUS Fee: \$12 in advance Please call starting 10/1
FRIDAY, OCT 25	Golden Ring Mall	BUS Fee: \$12 in advance Please call starting 10/1

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DON'T BE SCAMMED!

Learn how to beat the fraudsters

From investment scams to identity theft, in this country, victims of elder fraud lose a combined \$28 billion+ every year.

You can protect yourself by knowing how criminals prey on older adults. Please join us to learn about building better money habits and avoiding fraud.

Presented by Bank of America.

DATE: WEDNESDAY, October 9

TIME: 11:00 a.m.

PLACE: Keswick Wise & Well Building, 700 W. 40th Street

Please call AIM at 410 889 7915 to reserve your seat.

(Transportation is not provided for this event.)

TUESDAY ACTIVITIES.... NEW LOCATIONS

No need to sign up in advance.

If you have questions just call AIM
at 410 889 7915.

YOGA: Tuesdays, 10am, Hampden Library,
3641 Falls Rd (\$3 per class)

QUILTING: 1st and 3rd Tuesdays,
Symphony Manor, 4301 Roland Avenue (No Fee)

LINEDANCE: Hampden United Methodist Church
3449 Falls Road (\$3 per class)



Please note, AIM does not provide transportation to these activities.

LEGAL SERVICES (AT KESWICK, 700 W 40TH ST.)

Free Estate Planning/Legal Counseling

OCTOBER 7 and OCTOBER 21
NOVEMBER 4 and NOVEMBER 18
IN-PERSON, BY APPOINTMENT ONLY

Call AIM office to schedule, 410-889-7915

You will meet the attorney at Keswick’s Wise & Well Building, 700 W. 40th St.

An attorney is available to prepare wills, advance medical directives, and power of attorney documents, all free of charge. To qualify, you must be a Baltimore City resident and at least 60 years old.

.....ST MARY’S OUTREACH CENTER: CALENDAR.....

Please call St. Mary’s Outreach Center at 410 366 3106 for more information about lunch ‘n’ learn events, activities, and resource days (including assistance with Water4All, utilities, Medicare/Medicaid applications, SNAP, homeowners and renters tax credits) coming up in October.

Office hours: Monday-Thursday 9am-4pm



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You can join AIM by phone, online, or we can mail
you an application.

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IMPROVE YOUR HEALTH... ... WITH PERSONALIZED EXERCISE

The JHU School of Nursing is seeking older adults over the age of 65 who are interested in improving their health to participate in a research study on “personalized exercise.” Learn how a tailored exercise program can help you feel stronger and healthier.

You will be compensated for your time.

Please call JHU at 443-692-7169 or send an email to mpathstudy@jh.edu for more information.

