



Action In Maturity, Inc.

Serving Baltimore City Seniors since 1978

Action In Maturity
2601 N. Howard St
Suite 150
Baltimore, MD
21218
Tel: (410)889-7915
Mon-Fri 8am-4pm

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AIM is a 501 c3 organization funded by Title III of the Older Americans Act through Baltimore City Health Dept., CARE Services, MTA, member and partner fees, and public and private sources.

MAYOR BRANDON SCOTT



DIRECTOR'S LETTER

Dear Friends,

Spring has sprung! We hope you can enjoy warm sun and blue skies.

A Mother's Day event has also sprung. This year's luncheon has an "afternoon tea" theme and takes place at Symphony Manor on Friday, May 2. All are welcome, motherhood is not a requirement. Please see page 4 for more details.

If Spring inspires the poet in you, here's a snippet from William Blake:

Sound the flute!
Now it's mute!
Bird's delight,
Day and night,
Nightingale,
In the dale,
Lark in sky, —
Merrily,
Merrily to welcome in the year.

Thank you for your membership.

Warmly,
Laura

P.S. AIM is closed on Friday, April 18 in observance of Good Friday.



TRANSPORTATION BY REQUEST: SCHEDULING YOUR RIDE

To get access to the TBR program, first you must be an AIM member.

- * **Reservation required. Please call AIM's office at 410-889-7915 at least two weeks prior to your appointment.** We know that lead time seems long, but this is the price we pay for being excellent, affordable, and in demand.
- * The driver will pick you up from home 30 minutes before your appointment time. When you are ready to be picked up from your appointment, call AIM and we will send a driver back.
- * When you reserve your ride, the coordinator will tell you the fee, calculated at a per-mile radius rate (under two miles = \$5). Please pay the driver when you enter the car or call AIM to pay by phone (pay by phone only if ride is over \$15). We accept cash, check, Zelle, CashApp or money order. Fees are calculated as round trip only.
- * **Medical appointments are always given FIRST priority for rides. At times, AIM may contact you to reschedule your non medical ride.**
- * AIM only drives to non-work destinations and does not make return trips after 2:30pm.
- * The minimum appointment time is one hour. If your appointment ends before one hour, please call, but you may have to wait up to an hour for pick up.
- * **Prepayment is NOT required for this program (only required for group trips)**

\$3 WEDNESDAY GROCERY SHUTTLES: RESERVE AHEAD

The Wednesday shuttle stops at Walmart and other grocery stores and banks at the Nottingham location. Return trip is 12:30pm. Please limit purchases to two (2) bags, or what you can carry. **ALL riders MUST call AIM at 410 889 7915 to reserve your seat at least 48 hours in advance.**

<u>LOCATION</u>	<u>PICK UP</u>
Stadium Place/Zen/Heritage Run	10:00 AM
Woodbourne Woods	10:10 AM
Belvedere Green	10.10 AM
Kirkwood House	10:15 AM
Walker Co-op/Mews	10:15 AM



If you do not live in a residence listed above, you may still be eligible for pickup from your home. Please call AIM at 410 889 7915 on or before Mondays to see if you can be part of the route. Not all zip codes can be included.

Should I tip my driver? Tips are neither required nor requested. However, if you wish to acknowledge excellent service by your driver, you are more than welcome to offer a tip.

BUS TRIPS: HOW TO MAKE YOUR RESERVATION

- ◇ **AIM will start taking reservations TUESDAY, APRIL 1. Calls tend to come in all at once, so if we don't pick up, please leave a message with the trips you want, and we will call you back to confirm.**
Please call 410 889 7915. Let us know if you are a wheelchair rider. Thank you.
- ◇ **NEW: Trips must be paid for in advance. Bus fees are not refundable. Pay with cash/check/money order/Zelle (to aim@actioninmaturity.org)/Cash App (to \$Actioninmaturity).**

DATE	LOCATION/ AIM will call you with a pick up time	BUS FEE (meals on your own) ALL FEES MUST BE PAID IN ADVANCE
MONDAY, APRIL 7 Call to reserve starting April 1	Jillys Restaurant/Dollar St	\$10
FRIDAY, APRIL 11 Call to reserve starting April 1	Dutch Market	\$10
MONDAY, APRIL 14 Call to reserve starting April 1	Nick's Fish House	\$12
MONDAY, APRIL 21 Call to reserve starting April 1	Arundel Mills	\$12
FRIDAY, APRIL 25 Call to reserve starting April 1	1st Watch/Walmart	\$12
MONDAY APRIL 28 Call to reserve starting April 1	Blue Moon Restaurant	\$10

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MOTHER'S DAY LUNCHEON: FRIDAY MAY 2

Happy Mother's Day (early)!

DATE: Friday, May 2

TIME: 12 noon—2:00pm

PLACE: Symphony Manor, 4301 Roland Avenue

ADMISSION: \$5.00/ pay at the door



Seating limited to 30

Transportation will be available for \$5/ pay on the bus

Come celebrate spring with a group of moms, grandmoms, aunties, and friends!
Please call to reserve your spot NOW for this special event that includes lunch and entertainment: 410 889 7915.

MOVE OR GROOVE ON TUESDAYS!

YOGA: Tuesdays, 10am, Hampden Library,
3641 Falls Rd (No Fee)

QUILTING/NEEDLECRAFTS: 1st and 3rd Tuesdays,
Hampden United Methodist Church, 3449 Falls Road (No Fee)

LINEDANCE: Hampden United Methodist Church
3449 Falls Road (\$3 per class)



No need to sign up in advance.
If you have questions just call AIM
at 410 889 7915.

Please note, AIM does not provide transportation to these activities.

LEGAL SERVICES (AT KESWICK, 700 W 40TH ST.)

Free Estate Planning/Legal Counseling

Monday, APRIL 7 and Monday, APRIL 21
Monday, MAY 5 and Wednesday, MAY 19

IN-PERSON, BY APPOINTMENT ONLY

Call AIM office to schedule, 410-889-7915
You will meet the attorney at Keswick’s Wise & Well Building, 700 W. 40th St.

An attorney is available to prepare wills, advance medical directives, and power of attorney documents, all free of charge. To qualify, you must be a Baltimore City resident and at least 60 years old.

ST MARY’S OUTREACH CENTER: CALENDAR

St Mary’s Outreach Hours: Mon-Fri 8am-4pm, RSVP to calendar events: 410 366 3106

For information on St Mary’s activities and benefits for April,
please call 410 366 3106.

St Mary’s Outreach Center provides referrals and community resources including: assistance with applications for SNAP, Medicare/Medicaid; Water 4 All.; homeowners tax credits; energy assistance; and more.



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You can join AIM by phone, online, or we can mail
you an application.

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Laura Bristow
Executive Director

AIM DONORS — THANK YOU!

PATRICIA KANE
LINDA THOMPSON

NEW: JHU Caregiver Study

Are you over 65 years of age and receive home care services from a Maryland residential service agency and family member?

JHU is exploring how older adults, families, and home care workers communicate. Their goal is to learn more about how home care services are delivered and how family caregivers and home care workers coordinate care. The project includes visiting your home one time and following up with a phone call.

You would receive an Amazon gift card for your participation. For more information, please call Dr. Chanee Fabius at 410-701-0857 or send an email to cfabius@jhu.edu.

