



Action In Maturity, Inc.

S e r v i n g B a l t i m o r e C i t y S e n i o r s s i n c e 1 9 7 3

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and private sources.

MAYOR BRANDON SCOTT



DIRECTOR'S LETTER

Dear Friends,

Here comes the holiday season! As the weather changes, so too, do things at Action in Maturity.

First, in October we bid a fond farewell to Reven, who greeted so many of you on the phone when you called in. By the time you receive this, we will have found a successor. So, you will have a new friend on the phone (whom you might also see in person because he or she will double as a driver from time to time.

We have added some new destinations to the calendar, so please have a look at page 3. And a reminder: to allow everyone to receive their newsletter before the dates fill up with reservations made by folks who have fast mail delivery, we ask that you not call to make your reservations until Wednesday, November 1. By that date, everyone should have received the newsletter, so an equal chance at reserving a seat for the trip of his or her choice.

We will make our final run to the Waverly Farmers' Market on Saturday, November 11. Coupons expire on November 30.

We wish everyone a Thanksgiving of peace, celebration, and enjoyment of your family traditions.

Warmly,
Laura

PS. AIM will be closed Thursday November 23, and Friday, November 24 in observance of Thanksgiving and Black Friday.

TRANSPORTATION BY REQUEST: SCHEDULING YOUR RIDE

To get access to the TBR program, first you must be an AIM member.

- * **Reservation required. Please call AIM’s office at 410-889-7915 at least ten (10) business days prior to your appointment.** We know that is challenging but this is the price we pay for being excellent, affordable, and in demand.
- * The driver will pick you up from home 30 minutes before your appointment time. When you are ready to be picked up, call AIM and we will send a driver back.
- * When you reserve your ride, the coordinator will tell you the fee, calculated at a per-mile radius rate (under two miles = \$5). Please pay the driver when you enter the car or call AIM to pay by phone (pay by phone only if ride is over \$15). We accept cash, check, Zelle, or money order. Fees are calculated as round trip only.
- * **Medical appointments are always given FIRST priority for rides. At times, AIM may contact you to reschedule your non medical ride.**
- * AIM only driver to non-work destinations.
- * The minimum appointment time is one hour. If your appointment ends before one hour, you may have to wait up to an hour for pick up.

\$3 WEDNESDAY GROCERY SHUTTLES

The shuttle stops at the shops at Towson Marketplace/Putty Hill and, on the first Wednesday of the month, at the Cockeysville Walmart. Return trips are 12:30pm. Please limit purchases to two (2) bags, or what you can carry.

<u>LOCATION</u>	<u>PICK UP</u>
Stadium Place	10:00 AM
Woodbourne Woods	10:10 AM
Belvedere Green	10.10 AM
Kirkwood House	10:15 AM
Walker Co-op/Mews	10:15 AM



If you do not live in a residence listed above, you may still be eligible for pickup from your home. Please call AIM at 410 889 7915 on or before Tuesdays to see if you can be part of the route. Not all zip codes can be included.

Should I tip my driver? Tips are neither required nor requested. However, if you wish to acknowledge excellent service by your driver, you are more than welcome to offer a tip.

BUS TRIPS: HOW TO MAKE YOUR RESERVATION

- ◇ **NEW: To give everyone a chance to receive the newsletter, AIM will not take your trip reservations until the 1st of the month. *Please do not call until NOVEMBER 1. Thank you***
- ◇ Call AIM at 410 889 7915 to make your reservation.
- ◇ Call in your reservation first to ensure a seat. You can send payment promptly after reservation is made, or pay driver on the day of your trip.

Venue admissions fees and meals are not included with Bus Fee.

DATE	LOCATION/Pick up time	BUS FEE
MONDAY, Nov 6	Baughers' Farm, Westminster Pick up Time 10am	\$12 Call to reserve 11/1 Meal On Your Own
FRIDAY, Nov 10	Dutch Market Pick up time 10am	\$10 Call to reserve 11/1 Meal On Your Own
MONDAY, Nov 13	Boscov White Marsh Pick up time 9am	\$12 Call to reserve 11/1 Meal On Your Own
FRIDAY, Nov 17	Shops at Canton Sip 'n' Bite Restaurant Pick up time 9am	\$10 Call to reserve 11/1 Meal On Your Own
MONDAY, Nov 20	Horseshoe Casino Pick up time 9am	\$10 Call to reserve 11/1 Meal On Your Own
FRIDAY, Nov 27	First Watch Timonium Dollar Tree Pick up time 9am	\$10 Call to reserve 11/1 Meal On Your Own

*****WAVERLY FARMERS' MARKET*****

Next Trip: SATURDAY, NOVEMBER 11 (no fee)

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AIM SERVICES ARE GROWING IN BALTIMORE

AIM is excited to announce several new partnerships that will start late in 2023 or early 2024:

- With St. Agnes, AIM will implement shuttle service from patient homes to the hospital.
- With the Baltimore City Planning Dept and Housing Authority of Baltimore, AIM will implement a new grocery shuttle for many additional senior building sites.
- With the Baltimore City Dept of Health, AIM will implement a shuttle from home to senior center for two sites, two days a week.

LET'S GET PHYSICAL ON TUESDAYS!

YOGA — 10AM

LINE-DANCE — 10AM (CLASS WILL NOT MEET 11/7)

PICKLEBALL — 11:30AM

QUILTING (FIRST AND THIRD TUESDAYS ONLY) — **10AM**



No need to sign up in advance.
If you have questions just call AIM at
410 889 7915.

Classes are held at
St. Thomas Aquinas Church at
37th and Roland Avenue — enter at Roland Ave
Fee: \$3 per session (Quilting sessions are free).

Please note, AIM does not provide transportation to these activities.

LEGAL SERVICES (AT KESWICK, 700 W 40TH ST.)

Free Estate Planning/Legal Counseling

MONDAY, NOVEMBER 13 and MONDAY, NOVEMBER 20
MONDAY, DECEMBER 4 and MONDAY, DECEMBER 18

IN-PERSON, BY APPOINTMENT ONLY

Call AIM office to schedule, 410-889-7915

You will meet the attorney at Keswick's Wise & Well Building, 700 W. 40th St.

An attorney is available to prepare wills, advance medical directives, and power of attorney documents, all free of charge. To qualify, you must be a Baltimore City resident and at least 60 years old.

ST MARY'S OUTREACH CENTER CALENDAR

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Lunch 'n' Learn Couponing Class

Monday, November 6 11am-1pm. 3939 Roland Ave, Community Room

Medicare Enrollment

Wednesday, Nov 8: 10am-2pm, 3838 Roland Avenue, Community Room

Veterans Luncheon

Friday, Nov 10: 11am-1pm. 3838 Roland Ave, Community Room

Resource Days: Energy Assistance, Water4All, Tax Credits, Medicaid

Tuesday, Nov 14: 10am-2pm. 3939 Roland Ave, Community Room

Tuesday, Nov 28: 10am-2pm. 3939 Roland Ave, Community Room

Tech Tuesday: phone and computer help

Tuesday, Nov 21: 3pm-5pm. 3838 Roland Ave, Community Room

Medicare Enrollment

Wednesday, Nov 28: 10am-2pm, 3838 Roland Ave, Community Room

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You can join AIM by phone, online, or we can mail you an application.

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AIM DONORS — THANK YOU!

Reba Cornman
Maryland Physicians Care
Dorothy Wagner Wallis Trust

TITLE VI FORMAL DECLARATION

AIM is committed to ensuring that no person shall, on the grounds of race, color, or national origin, as provided by Title VI of the Civil Rights Act of 1964 and the Civil Rights Restoration Act of 1987, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any program or activity, whether those programs and activities are federally funded or not. AIM's Title VI Manager is responsible for initiating and monitoring Title VI activities, preparing required reports, and other responsibilities as required by Title 23 Code of Federal Regulations (CFR) Part 200, and the Title 49 CFR Part 21. Any rider wishing to submit a formal complaint with regard to violation of his or her civil rights can print out and complete the Title VI Complaint Form; simply call 410 889 7915 to request one, or download it from www.actioninmaturity.org/title-vi-formal-declaration. AIM can provide translation of this declaration and the complaint form upon request.