
MARCH 2022



Action In Maturity, Inc.

S e r v i n g B a l t i m o r e C i t y S e n i o r s s i n c e 1 9 7 3

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MAYOR BRANDON SCOTT



DIRECTOR'S LETTER

Dear Friends,

As this newsletter heads to the printer, there is snow on the ground. However, a new season will be upon us very soon. Warm sunny days await! In the meantime, there is a lot going on at St. Mary's Outreach Center in March, and new trips to take with AIM. Please see inside for all the scoop.

Here's what the poet Mary Oliver has to say about being outdoors in lovely weather:

Around me the trees stir in their leaves
and call out, "Stay awhile."
The light flows from their branches.

And they call again, "It's simple," they say,
"and you too have come
into the world to do this, to go easy, to be filled
with light, and to shine."

Speaking of shining, thanks to AIM members who have been sending great ideas for trips and restaurants. We try to include at least one each month. We hope you will enjoy what's in store.

Warmly, Laura



TRANSPORTATION BY REQUEST: SCHEDULING YOUR RIDE

To get access to the TBR program, first you must be an AIM member. The cost to join is \$15 per year. Enroll by phone or call for an application.

- * Call AIM’s office at 410-889-7915 at least six to eight business days prior to your appointment to schedule your ride. We will make every effort to accommodate your schedule. AIM drives from 8:30a-3:00pm.
- * After you arrive at your appointment, the driver will depart. However, when you are ready to be picked up (or, if possible, about 15 minutes before your appointment is over), call AIM and we will send a driver back to you.
- * When you reserve your ride, the coordinator will tell you the fee. Please pay the driver when you enter the car. We accept credit, cash, check, or money order.
- * Note that AIM drives only to non-work destinations.

\$3 WEDNESDAY GROCERY SHUTTLES

Several grocery stores along the Loch Raven corridor are available for shopping: Weis, Giant, ALDI, Dollar Store, Shoppers, Walmart, Target, and many shops in Towson Marketplace. ALL return trips are 12:30pm. Please limit purchases to 2 grocery bags.

<u>LOCATION</u>	<u>PICK UP</u>
Stadium Place	10:00 AM
Woodbourne Woods	10:00 AM
Belvedere Green	10.00 AM
Kirkwood House	10:00 AM
Walker Co-op/Mews	10:10 AM



If you live in a residence not listed above, please call AIM at 410 889 7915 one (1) day in advance and it might be possible to add you to the pick up schedule. Please note, not all private residences are eligible for this service.

Should I tip my driver? Tips are neither required nor requested. However, if you wish to acknowledge excellent service by your driver, you are more than welcome to offer a tip.

BUS TRIPS: HOW TO MAKE YOUR RESERVATION

- ◇ When you get your newsletter, pick your trip(s) immediately.
- ◇ Call AIM at 410 889 7915 to make your reservation.
- ◇ Call in your reservation first to ensure a seat. You can send payment promptly after reservation is made.

NOTE: Payments to confirm reservations are expected promptly. If we do not receive payment, we cannot hold your seat. **Cancellations less than twenty-four (24) hours prior to the trip without a substitution rider will NOT be refunded.** Prices are for round trip transportation **ONLY**. **Museum or venue admission fees Are not included in Trip Cost.**

DATE	LOCATION AND FIRST PICK UP	TRIP COST
<i>MOYO = Meal On Your Own</i>		
Friday, March 4	Bowlero—Timonium Pick up 10:00 am	MOYO** \$9
Monday, March 7	Dollar Store/Golden Corral, White Marsh Pick up 10:00 am	MOYO ** \$10
Friday, March 11	Dutch Market, Cockeysville Pick up 10:00 am	MOYO ** \$9
Monday, March 14	Walmart Glen Burnie/Grill at Quarterfield Pick up 10:00 am	MOYO ** \$10
Friday, March 18	MD LIVE /Arundel Mills Pick up 10:00 am	MOYO ** \$12
Monday, March 21	Harpers Ferry, WV (museum admission fees vary) Pick up at 8:30 am	MOYO ** \$20
Friday, March 25	Museum of Industry*/Rusty Scupper Pick up 10am	MOYO ** \$10

* *Museum of Industry Admission Fee: \$9*

** *MOYO” = Meal On Your Own*

TAX PREPARATION UPDATE — NEW INFORMATION

You can still have taxes done by a qualified preparer with the Maryland Cash Campaign. The best way is to make an appointment online at www.cashmd.org. There are several locations where taxes can be dropped off, but an appointment is necessary. New appointment slots are added every Friday, so that is the best day to make your reservation. Note that the deadline for State tax preparation has been moved to July 15, but Federal taxes are still due April 18.

If you need assistance with making an online appointment, please call AIM and we will complete the sign up process with you.

JOIN THE FUN ON TUESDAYS AT 10AM

**YOGA
LINE-DANCE
QUILTING (FIRST AND THIRD TUESDAYS ONLY)
TAE KWON DO **NEW!****

No need to sign up in advance.
If you have questions just call AIM
at 410 889 7915. Classes are held at
St. Thomas Aquinas Church at 37th and
Roland Avenue. Fee: \$3 per session (quilting is free).



LEGAL SERVICES

Free Estate Planning/Legal Counseling

Monday, March 7, 2022
Monday, March 21, 2022

IN-PERSON, BY APPOINTMENT ONLY

Call AIM office to schedule, 410-889-7915

An attorney is available to prepare wills, advance medical directives, and power of attorney documents, all free of charge. You must be a Baltimore City resident age 60 and over to qualify.

EVENTS AT ST. MARY'S OUTREACH CENTER

TECH TUESDAYS — Volunteers will be on hand to help you get better at using your tablet, computer, phone. **MARCH 3rd, 17th, and 31st**, 5pm-7pm, 3939 Roland Avenue.

TAX CREDIT ASSISTANCE — Bring ID, social security card, rent or mortgage statement, proof of household income. **MARCH 8th and 22nd**, 10am-2pm, 3838 Roland Avenue; **MARCH 15th and 29th**, 10am-2pm, 3939 Roland Avenue.

OHEP (Energy Assistance Program) — Please bring ID, social security cards, proof of income for all household members, BGE bill or bill from your fuel company. **MARCH 17th**, 10am-2pm, 3939 Roland Ave, lower level community room. (If you already applied after July 2021, there is no need to apply again.)

Masks must be properly worn at all events. Call 410-366-3106 for more information.

SMOC also has incontinence supplies. To set up monthly single package delivery, please call 410-366-3106 ext 203. Allow up to two business days to receive a call back.

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AIM DONORS — THANK YOU!

Terry Allen
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Iva McCormick

YOUR OPINION MATTERS — BE HEARD IN A FOCUS GROUP!

Want to offer your views on important issues impacting you and other older adults? This March, AIM and SMOC will be recruiting participants for phone and zoom conversations about emergency preparedness — what works, what doesn't, what you need to be better prepared. You will also review and comment on a survey about preparedness that will be distributed throughout the community later in the year.

Participants will receive a Walmart gift card as compensation.

If you are interested in being part of this project, please call Laura at AIM, 410-889-7915.